

## ST. MARY'S COUNTY **RECREATION & PARKS**



### **Stay Active...**

Sports Camps  
Fitness Classes  
Wee Watchers  
Aqua Aerobics  
Headstart Hoops  
Boat Maryland  
Glamour Workshops

### **Celebrate...**

*Grease at Summerstock*  
Amusement Park Tickets  
Tiny Tots Programs

### **Looking Ahead...**

School Age Care - New sites!  
Gymnastics - New Membership  
Paralympics Shooting-Skeet

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The Program Guide is the official publication of St. Mary's County Department of Recreation and Parks and is published 4 times each year. The guide provides information on recreation programs and activities to county residents.

**St. Mary's County  
Department of Recreation & Parks**  
23150 Leonard Hall Drive  
Patuxent Building  
P.O. Box 653  
Leonardtown, MD 20650  
(301) 475-4200 x 1800 or 1801  
[www.stmarysmd.com/recreate](http://www.stmarysmd.com/recreate)  
[www.facebook.com/stmarysmdrecreation](http://www.facebook.com/stmarysmdrecreation)



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Jessica Hale, CPRP, AFO, Recreation Division Manager  
Patty Meyers, Golf Course Division Manager  
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Christina Bishop, Therapeutic/Leisure Coordinator - ext. 1802  
Kyle Kebaugh, Community Standards/Sports Coordinator - ext. 1803  
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*Vacant*, Office Specialist - ext. 1800  
Tyrone Harris, Facilities Coordinator - 240-237-8023 ext. 1673



## INSURANCE/LIABILITY

By nature, many recreational activities have inherent risks associated with participation. Please be advised that Recreation & Parks (R&P) DOES NOT provide accident or hospitalization insurance for program participants. All participants are strongly advised to have adequate personal coverage. Participation in all Department programs shall be at the participant's own risk.

## ACCOMMODATIONS

R&P makes every effort to ensure that programs and services are accessible for those with disabilities. INDIVIDUALS WITH DISABILITIES ARE ENCOURAGED TO REGISTER FOR GENERAL RECREATION PROGRAMS. With your registration, please include information regarding your disability and accommodations needed. A two-week notice is required in order for the Department to make reasonable accommodations based on individual needs. R&P, a recognized leisure industry leader in opportunities for individuals with disabilities, is pleased to comply with the Americans with Disabilities Act regulations. **This guide is available in alternative formats upon request.** Maryland Relay Service TTY: 711 or 1-800-735-2258.

## AGE REQUIREMENT

Unless otherwise stated, the program participant must be the age advertised by the first day of the session they plan to enroll in. Exclusions to this policy are noted in the program description, including, but not limited to, the Great Mills Swimming Pool and Summer Sports Camps.

## REFUND POLICIES

Pavilions - To receive a refund, pavilion cancellations must be made, in writing, at least two weeks prior to reserved date, minus a \$25 cancellation fee. No other refunds, including inclement weather, will be considered.

Skate Park and Nicolet Sprayground - Refunds will not be issued for cancellations.

Margaret Brent, Leonard Hall and Carver Recreation Centers - To cancel your event and receive a refund you must submit your notice of cancellation in writing at least two weeks prior to the event to SMC Recreation and Parks, P.O. Box 653, Leonardtown, MD 20650 or Fax 301-475-4108. You may also email [melissa.hawkins@stmarysmd.com](mailto:melissa.hawkins@stmarysmd.com)

Trips - Unless trips are cancelled by the Department, refunds will not be issued for cancellation.

General Trip Information - Trips will travel on a coach bus with heating and air conditioning. Most buses offer a restroom and reclining seating. All trips require a pre-registration deadline to ensure enough participants; a minimum number of participants is required for each trip. If space is still available after the deadline, late registrations will be accepted. Trips cancelled due to low registration will receive a 100% refund. Due to the early planning of trips, the cost of the coach bus service could increase slightly. If the fee increases you will be notified upon registration. Passengers under the age of 18 must be accompanied by an adult. Bus trip reservations are final; cancellations will not result in a refund. For more information call 301-475-4200 ext. 1800 or 1801 or visit [www.stmarysmd.com/recreate/bustrips](http://www.stmarysmd.com/recreate/bustrips). Use registration Form A.

## WHO TO CALL

Registration/Recreation Program.....	301-475-4200 ext. 1800
Great Mills Swimming Pool.....	301-866-6560
Gymnastics Center.....	301-862-1462
Leisure/Therapeutic Recreation.....	301-475-4200 ext. 1802
School Age Care Programs.....	301-373-5410
Museums.....	301-769-2222
Parks.....	301-863-8400 ext. 3570
Sports.....	301-475-4200 ext. 1830 or 1803
Wicomico Shores Golf Course.....	301-884-4601

## INFORMATION LINES

Cancellations.....	301-475-4200 ext. 1840
Pavilion, Facility & Park Rentals.....	301-475-4200 ext. 1800
Skate Park.....	301-737-5670 ext. 1684
Sprayground.....	301-737-5670 ext. 1685
Chancellor's Run.....	301-737-5670 ext. 1687
Field Cancellation.....	301-737-5670 ext. 1686

## How to Apply for a Scholarship

St. Mary's County Recreation & Parks is pleased to provide an opportunity for participants to apply for a scholarship. Scholarships are made available through the generous contributions of several local civic organizations and the net proceeds from the department's Scott Verbic Memorial Golf Tournament and other special events throughout the year. The scholarship's offered provide qualified individual applicants the opportunity to participate in an activity at a 50% prorated amount off the registration fee.

1. Submit a completed Scholarship Application & Program Registration. [www.stmarysmd.com/recreate/register](http://www.stmarysmd.com/recreate/register) and choose Form F.
2. Provide proof of eligibility and attach to Scholarship Application. (Proof of eligibility includes Free or Reduced Lunch approval form or Independence Card for adults)
3. Currently have residence in St. Mary's County. Only St. Mary's County residents will be considered for scholarship.
4. Payment-50% of program registration fee due with completed application.



We want to hear from you! Please let us know what programs you enjoy and which new ones you'd like to see offered in St. Mary's County.

[www.stmarysmd.com/recreate/survey](http://www.stmarysmd.com/recreate/survey)

- Recreation General Interest Survey
- Leisure Services Customer Feedback
- Youth Sports Program Evaluation
- School Age Care (SAC) Program Evaluation
- Gymnastics, Aquatics, Leisure Evaluations

# REGISTRATION

All programs are filled on a first come, first served basis and require pre-registration. Instructors may miss up to one class without a make up. See "How To Register" below for more information. All programs are subject to cancellation/change and are limited to space availability. R&P will determine the need for class cancellation based on registration received one week prior to the start of class. Participants are encouraged to register early! Weather cancellations can be obtained by calling our cancellation information line for a recorded message of latest cancellations at 301-475-4200 ext. 1840, or check our website at [www.stmarysmd.com/recreate](http://www.stmarysmd.com/recreate) & click on Announcements and Updates. You can also click on the Facebook logo for up to date information.

## HOW TO REGISTER

**ONLINE/WEB REGISTRATION** – Current households: Who has a household account number? If you or a family member have been previously enrolled in a Recreation and Parks program (Leisure Activities, Gymnastics, Swimming Lessons, Basketball, Indoor Soccer, Child Care or Camps) you have an account. If you do not know your username and password, open the website, click on: Online Registration.

■ If you have an account with us, but you've forgotten your password, click the link and your password will be emailed to you. For security reasons, if you enter an email address that does not match the email address on file the system will not respond to your request.

If you do not have a response within 2 business days; email the main office directly at [melissa.hawkins@stmarysmd.com](mailto:melissa.hawkins@stmarysmd.com) or call 301-475-4200 x1800, Monday-Friday 8:00 am - 5:00 pm. for phone assistance with your online account. Recreation and Parks advises that you either create your online account or check on the current status of your online account at least two business days before registering for a time sensitive program.

■ **If you do not immediately receive an email receipt then you are not registered. A receipt finalizes your transaction.**

**WALK IN** - Complete the registration form found on page 5, and bring it to the main office at the Patuxent Building, 23150 Leonard Hall Drive, Leonardtown, MD. Office hours are Monday - Friday, 8:00 am - 5:00 pm. Registrations are accepted on a first come, first served basis. Payment is due at the time of registration. Payment can be made by cash, check, money order, or credit card (Visa, or MasterCard).

**BY MAIL** - Send completed registration form found on page 6 of this Program Guide with a check or money order. Mail to: Recreation & Parks, P.O. Box 653, Leonardtown, MD 20650. An Activity Sales Receipt will be mailed to you confirming your registration. Include name, address, telephone number and driver's license number on your check.

## REFUND POLICIES

Leisure, Gymnastics, Swimming Lessons,  
Youth & Adult Sports

- A full refund may be obtained if R&P changes the location, time or date of the program which prohibits attendance, or if the department cancels the program due to insufficient registration. Refunds will be mailed within 30 days of cancellation.
- In case of medical problems verified by a doctor's certificate, a full refund may be obtained if a written request is received in writing prior to the start of class.
- A refund minus a \$10 service charge may be obtained if the request is received in writing (2) working days or more prior to the first class/session.
- A refund of 50% of class cost may be obtained if the request is received in writing less than (2) working days prior to the start of class/session or the registrant attends one class/session.
- A refund may not be obtained if the registrant attends more than one class or session.
- Refunds will not be made for events or amusement parks requiring advanced purchase of tickets.
- No refunds may be obtained for classes that cost \$10.00 or less.
- All refund requests must be submitted in writing to the Recreation Division Manager.
- Rentals require two weeks written notice, minus a \$25 administrative charge.
- Trips are non-refundable; may be transferred to another passenger with advance written notice and approval of the Recreation Division Manager or representative.
- See Camps Parent Handbook for Camp refund policies specific details.
- See School Age Care Parent Handbook for refund policy information.

## OPEN REGISTRATION

General Registration: Begins May 19



Scan the QR code (a 2 dimensional code, also known as a matrix code that can include text, links or other information that can be read by smartphones and some camera equipped cell phones) that will take you to Recreation & Parks Facebook page.



# Recreation & Parks Registration Form

## SECTION 1: Household Information

<b>Primary</b>	Street Address: _____	City: _____	State: _____	Zip: _____
<b>Contact Info</b>	Home Phone: _____	Work Phone: _____	Cell Phone: _____	
	Email Address: _____	Email Address #2: _____		
	<b>Adult Last Name:</b> _____	<b>Adult First Name:</b> _____	DOB: / /	
	Adult #2 Last Name: _____	Adult #2 First Name: _____	DOB: / /	

Street Address (if different): \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact (Full Name): \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact #2 (Full Name): \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

## SECTION 2: Program Registration

Participant Name (Last, First)	Birth Date	Sex (M/F)	Grade	Shirt Size*	Program Name	Program Code	Fee	Accommodations? (details requested)
	/ /							<input type="checkbox"/> Yes <input type="checkbox"/> No
								<input type="checkbox"/> Yes <input type="checkbox"/> No
								<input type="checkbox"/> Yes <input type="checkbox"/> No
								<input type="checkbox"/> Yes <input type="checkbox"/> No
								<input type="checkbox"/> Yes <input type="checkbox"/> No

\*Shirt Size Examples: Youth (YS, YM, YL) Adult (S, M, L, XL, XXL)

**Total Amount Due: \$** \_\_\_\_\_

**RELEASE AND WAIVER OF ALL CLAIMS:** The Undersigned participant (Parent/Guardian) understands that this release forever discharges and holds harmless, St. Mary's County Government/Department of Recreation and Parks from any liability or claim that participant may have against St. Mary's County Government with respect to any bodily injury, personal injury, illness, death, property loss or damage that may result from participant's activities, whether caused by the negligence of St. Mary's County Government/Department of Recreation and Parks or its officers, directors, employees, agents, volunteers or otherwise. Participant (Parent/Guardian) also understands there are inherent physical risks associated with activities and programs and that, St. Mary's County Government does not carry or maintain health, medical, or disability insurance coverage for any participant. Each participant is expected and encouraged to obtain his or her own medical or health insurance coverage. I also authorize the Commissioners of St. Mary's County (including its departments, boards, commissions, agents, employees and volunteers when authorized by the Commissioners of St. Mary's County or by the Director of Recreation and Parks) to use my image and/or voice in any media form (including, but not limited to, cable television broadcasts, videos, internet communications, and publications). I release the Commissioners of St. Mary's County from any and all claims and liability regarding the making or use of an audio and/or visual recording of my image and/or voice (including claims related to rights of publicity or privacy, defamation, or portrayal in a false light, whether intentional or unintentional).

**ACCOMMODATIONS:** Please indicate if the participant requires accommodations for any medical or behavior conditions, medications, allergies, dietary restrictions or other needs.



PRINT: Participant or Parent/Guardian

SIGNATURE

Date

# 2014 SUMMER CAMP REGISTRATION FORM

Child's Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_ SY14/15 Grade: \_\_\_\_

**EMERGENCY CONTACT & AUTHORIZED PERSONS FOR PICK UP** — (must be someone other than those listed above)

(1) Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_ - \_\_\_\_\_  
 Work Phone: ( ) \_\_\_\_\_ - \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_ - \_\_\_\_\_ Other: ( ) \_\_\_\_\_ - \_\_\_\_\_  
 (2) Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_ - \_\_\_\_\_  
 Work Phone: ( ) \_\_\_\_\_ - \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_ - \_\_\_\_\_ Other: ( ) \_\_\_\_\_ - \_\_\_\_\_

**MEDICAL INFORMATION (DAY "FUN" CAMPS ONLY):** Date of last tetanus (DTP) immunization: MM \_\_\_\_ DD \_\_\_\_ YYYY \_\_\_\_

Primary Physician: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_ - \_\_\_\_\_

Is camper missing any immunizations because of medical contraindication or exemption by religious belief? \_\_\_\_ YES \_\_\_\_ NO

Is camper enrolled in a Maryland schools? \_\_\_\_ YES \_\_\_\_ NO If yes, what is the name of the school: \_\_\_\_\_

If camper is not registered in a Maryland school, you must furnish Recreation & Parks required records of immunization, contraindication statement from child's physician or exemption by religious belief statement before child can be admitted to the program.

Does the camper require any accommodations for medical or behavioral conditions, medications, allergies, dietary restrictions or special needs? \_\_\_\_ YES \_\_\_\_ NO. If yes, please explain: \_\_\_\_\_

**INITIALS**—Please initial each statement below acknowledging your understanding.

**EMERGENCY MEDICAL RELEASE** : In the event of injury/serious illness, I give permission for *St. Mary's County Recreation & Parks (SMCRP)* staff to obtain medical treatment for my child. I understand that if my child needs to be transported to an emergency facility, that decision will be made by the emergency team responding to the call.

**FIELD TRIP/SWIMMING RELEASE** : I give permission for my child to participate in the program's field trips. I understand I will be notified of dates, destinations, times, and pick-up locations of trips.

**USE OF PROTECTIVE SUBSTANCES**: I agree to follow program guidelines set by *SMCRP* for staff to assist my child with his/her sunscreen each day. My child  Does NOT need assistance  Needs assistance with **VERBAL** prompting only  Needs assistance applying sunscreen. Please apply sunscreen (SPRAY ONLY) on your child every morning of CAMP. Bring your child's spray sunscreen and labeled with their name, on the first day. It will be sent home with your child at the end of the program.

**PARENT HANDBOOK**: I understand that I am responsible for the information contained in the Parent Handbook. This handbook is available online at [www.stmarysmd.com/recreate](http://www.stmarysmd.com/recreate). If I do not have access to a computer, I will visit the main office and pick up a paper copy of the information.

**REGISTRATION RECEIPT**: I understand all field trip and camp details regarding my child's camp is located on the registration receipt.

**Please check all Camps you wish to sign up each child for this summer:**

<p><b><u>WEEK 1: June 17-20</u></b></p> <input type="checkbox"/> Tiny Tots: Carver <input type="checkbox"/> Tiny Tots: Hollywood <input type="checkbox"/> Creative Exploration <input type="checkbox"/> Fit & Swim <input type="checkbox"/> Painting Like Picasso <input type="checkbox"/> Splish & Splash <input type="checkbox"/> Survivin' It	<p><b><u>WEEK 2: June 23-27</u></b></p> <input type="checkbox"/> Tiny Tots: Carver <input type="checkbox"/> Tiny Tots: Hollywood <input type="checkbox"/> Camp Champs <input type="checkbox"/> Color Wars <input type="checkbox"/> Jolts & Bolts <input type="checkbox"/> Lego's: Grade 1-3 <input type="checkbox"/> Lego's: Grade 4-8 <input type="checkbox"/> Make It or Bake It	<p><b><u>WEEK 3: June 30- July 3</u></b></p> <input type="checkbox"/> ReCreate: Carver <input type="checkbox"/> ReCreate: Hollywood <input type="checkbox"/> Teens On the Go	<p><b><u>WEEK 4: July 7-11</u></b></p> <input type="checkbox"/> ReCreate: Carver <input type="checkbox"/> ReCreate: Hollywood <input type="checkbox"/> Teens On the Go	<p style="text-align: center;"><b><u>SPORTS CAMPS</u></b></p> <input type="checkbox"/> Girls Field Hockey (Grades 1-4) <input type="checkbox"/> Girls Field Hockey (Grades 5-9) <input type="checkbox"/> Baseball <input type="checkbox"/> Baseball: <i>Extended Care</i> <input type="checkbox"/> Baseball Hitting <input type="checkbox"/> Tennis (Ages 5-8) <input type="checkbox"/> Tennis (Ages 9-17) <input type="checkbox"/> Girls Basketball <input type="checkbox"/> Co-Ed Basketball <input type="checkbox"/> Boys Basketball <input type="checkbox"/> Cheerleading <input type="checkbox"/> Cheerleading: <i>Extended Care</i> <input type="checkbox"/> Girls Volleyball (Ages 15-18) <input type="checkbox"/> Girls Volleyball (Ages 10-14) <input type="checkbox"/> Girls Lacrosse <input type="checkbox"/> Boys Lacrosse <input type="checkbox"/> Co-Soccer
<p><b><u>WEEK 5: July 14-18</u></b></p> <input type="checkbox"/> ReCreate: Carver <input type="checkbox"/> ReCreate: Hollywood <input type="checkbox"/> Teens On the Go	<p><b><u>WEEK 6: July 21-25</u></b></p> <input type="checkbox"/> ReCreate: Carver <input type="checkbox"/> ReCreate: Hollywood <input type="checkbox"/> Teens On the Go	<p style="text-align: center;"><b><u>WEEK 9: Aug 11-15</u></b></p> <input type="checkbox"/> Splish & Splash		
<p><b><u>WEEK 7: July 28-Aug 1</u></b></p> <input type="checkbox"/> Tiny Tots: Carver <input type="checkbox"/> Tiny Tots: Hollywood <input type="checkbox"/> Fit & Swim <input type="checkbox"/> Clue Camp <input type="checkbox"/> Make it or Bake it <input type="checkbox"/> Survivin' It <input type="checkbox"/> Young Actors: Part 1	<p><b><u>WEEK 8: Aug 4-8</u></b></p> <input type="checkbox"/> Tiny Tots: Carver <input type="checkbox"/> Tiny Tots: Hollywood <input type="checkbox"/> Beats & Melody <input type="checkbox"/> Design It <input type="checkbox"/> Lego's: Grade 1-3 <input type="checkbox"/> Lego's: Grade 4-8 <input type="checkbox"/> Young Actors: Part 2 <input type="checkbox"/> Camp Champs	<p style="text-align: center;"><b><u>Camp Keepers</u></b></p> Week 1: AM ____ PM ____ Week 2: AM ____ PM ____ Week 3: AM ____ PM ____ Week 4: AM ____ PM ____ Week 5: AM ____ PM ____ Week 6: AM ____ PM ____ Week 7: AM ____ PM ____ Week 8: AM ____ PM ____ Week 9: AM ____ PM ____		
<p style="color: purple;"><i>SIGN UP FOR ALL 9 WEEKS OF FUN CAMP AND RECEIVE A \$50 R&amp;P GIFT CARD</i></p>				

**PLEASE COMPLETE SECTION 1, SIGN & DATE ON REVERSE SIDE (R&P Registration Form)**

Forget everything you thought you knew about Recreation & Parks Summer Camps... We now offer over 30 Summer Camp opportunities which include: Fun Camps, Sports Camps and Therapeutic Camps. Give our camps a try, we promise they'll return each day exhausted from a fun-filled day, which in turn will give you a peaceful evening at home! For more information about our summer camp programs visit our website and check out our Summer Camp Scoop for a complete description of all of our camps. Registration is easy and only a click away!

## THERAPEUTIC CAMPS

**Camp Inspire: June 30-July 24, 9:00am-2:30pm**  
 (Ages 4-18) This day camp is designed specifically for children and young adults diagnosed with Autism Spectrum Disorder (ASD). The cost of the camp is \$600 for camper and the peer assistant attends for free.

**New Horizons: June 23-July 31, 9:30am-3:00pm**  
 (Ages 4-20) Camp is an approved respite care provider and has full time nursing staff on duty, allowing for medication disbursement, non-delegated nursing duties and emergency care on the spot. Transportation hubs will be available throughout the county to aid families. The cost of the camp is \$750.

- Baseball
- Baseball Hitting
- Cheerleading
- Co-Ed Biddy Basketball
- Boys Basketball
- Girls Basketball
- Boys Lacrosse
- Girls Lacrosse
- Girls Field Hockey
- Girls Field Hockey
- Co-Ed Soccer
- Tennis
- Girls Volleyball



## SPORTS CAMPS



For complete details on all the camps available visit the website listed below:

[www.stmarysmd.com/recreate/camps](http://www.stmarysmd.com/recreate/camps)

Location	Week 1 June 17-20	Week 2 June 23-27	Weeks 3-6 June 30-July 25	Week 7 July 28-Aug 1	Week 8 August 4-8	Week 9 August 11-15
Hollywood Recreation Center	Tiny Tots	Tiny Tots	ReCreate	Tiny Tots	Tiny Tots	
	Creative Exploration	JOLTS & BOLTS	Teens On the Go...	CLUE CAMP	LEGOS Grades 1-3	
	Painting Like Picasso	Make It or Bake It		Make It or Bake It	LEGOS Grades 4-8	
Carver Recreation Center	Tiny Tots	Tiny Tots	ReCreate	Tiny Tots	Tiny Tots	Splish & Splash
	Splish & Splash	LEGOS Grades 1-3		Young Actors Part 1	Young Actors Part 2	
	Fit & Swim	LEGOS Grades 4-8		Fit & Swim	Beats & Melody	
Chancellors Run Regional Park		CAMP CHAMPS			DESIGN IT	
Elms Beach	SURVIVIN' IT!	COLOR WARS		SURVIVIN' IT!		

## FUN CAMPS



## SAC LOCATIONS

### SAC 2014-2015 School Year

School Age Care (SAC) & Teen After School (TAS) programs are fun and safe places for your child immediately prior to and following school hours. Children are offered a variety of hands-on activities and opportunities to explore various recreational experiences for personal growth. The program allows for homework time, group games, creative arts, theme specific activities and outdoor recreation. Snacks are provided each morning and afternoon.

#### SAC Program

(Ages 5-12) Parents have the option to choose the following:

1. AM Care
2. PM Care
3. AM & PM Care
4. Inclusive Package: AM & PM Care plus Out of School Camps (OSC).

Out of School Camps (OSC) are ONLY included in the monthly rate for participants enrolled in the Inclusive Package. The OSC is available during designated school holidays at Hollywood Recreation Center for Inclusive Package participants or for an additional fee which is open to all interested participants.

#### BANNEKER ELEMENTARY

Code	Type	Time
600114.A	AM Care	6:30am-9:00am
600114.B	PM Care	3:45pm-6:30pm

#### DYNARD ELEMENTARY

Code	Type	Time
600314.A	AM Care	6:30am-9:00am
600314.B	PM Care	3:45pm-6:30pm

#### EVERGREEN ELEMENTARY

Code	Type	Time
600514.A	AM Care	6:30am-9:00am
600514.B	PM Care	3:45pm-6:30pm

#### GREEN HOLLY ELEMENTARY

Code	Type	Time
600614.A	AM Care	6:30am-8:45am
600614.B	PM Care	3:30pm-6:30pm

#### GREENVIEW KNOLLS ELEMENTARY

Code	Type	Time
600714.A	AM Care	6:30am-8:00am
600714.B	PM Care	2:45pm-6:30pm

#### HOLLYWOOD RECREATION CENTER

Code	Type	Time
600914.A	SAC AM Care	6:30am-8:30am
600914.B	SAC PM Care	3:15pm-6:30pm
601914.B	TAS PM Care	2:30pm-6:30pm
602914.A	Tots - Full Day	7:30am-5:30pm
602914.B	Tots - 3 Day	7:30am-5:30pm
602914.C	Tots - 2 Day	7:30am-5:30pm

\*SAC, TAS, OSC & Wee Watchers at this location

#### LEONARDTOWN ELEMENTARY

Code	Type	Time
601114.A	AM Care	6:30am-8:40am
601114.B	PM Care	3:25pm-6:30pm

#### LETTIE DENT ELEMENTARY

Code	Type	Time
601314.A	AM Care	6:30am-9:00am
601314.B	PM Care	3:45pm-6:30pm

#### OAKVILLE ELEMENTARY

Code	Type	Time
601514.A	AM Care	6:30am-9:15am
601514.B	PM Care	4:00pm-6:30pm

#### PARK HALL ELEMENTARY

Code	Type	Time
601714.A	AM Care	6:30am-8:45am
601714.B	PM Care	3:30pm-6:30pm

#### TOWN CREEK ELEMENTARY

Code	Type	Time
601914.A	AM Care	6:30am-8:30am
601914.B	PM Care	3:30pm-6:30pm

Monthly Fees	First Child	Additional Sibling	9 Monthly Payments Total
Registration Fee	\$50	-	-
<b>SAC</b>			
AM Care	\$250	\$235	<b>\$2250</b>
PM Care*	\$260	\$245	<b>\$2340</b>
AM & PM Care*	\$375	\$355	<b>\$3375</b>
Inclusive Package (AM, PM, OSC)*	\$410	\$370	<b>\$3690</b>

\* Early dismissal days are included in price for PM Care ONLY.



Sign up for any of our SAC Programs  
by June 30<sup>th</sup> & receive 10% off  
your first month's bill!!!!

#### Transportation

R&P, in partnership with SMC Public Schools, will be offering several area schools with direct transportation (Aftercare only) to nearby locations where R&P School Age Care (SAC) is available! Your child can attend an active, safe and fun environment close to school and home.

School Enrolled Location	School Age Care Location
Mechanicsville Elementary	Lettie Dent Elementary
White Marsh Elementary	Lettie Dent Elementary



# 2014-15

## WEE WATCHERS



Monthly Fees	First Child	Additional Sibling	9 Monthly Payments Total
Full Time (M-F)	\$695	\$675	<b>\$6255</b>
Two Days (T, TH)	\$290	\$280	<b>\$2610</b>
Three Days (M,W,F)	\$430	\$420	<b>\$3870</b>

(Ages 3-5) We will fully engage your child's natural curiosity and encourage exploration. This is a delightful age appropriate program that allows your child to develop their creativity and confidence while being intellectually, socially and physically inspired. Child must be potty trained. Wee Watchers will run Monday through Friday at the Hollywood Recreation Center from 7:30am to 5:30pm. Half day care is available upon request. All requests must be made to the Childcare Coordinator.

For more information contact customer service at 301-475-4200 ext. 1800



Monthly Fees	First Child	Additional Sibling	9 Monthly Payments Total
PM Care	\$275	\$260	<b>\$2475</b>

(Grades 6-8) Teen After School (TAS) is an age appropriate after school program for middle school students. These young adults will work on real life skills, community service projects, cooking activities, music, drama, enrichment, fitness, nature and art. Students will be able to help dictate the direction of the program, learning how to plan, organize and execute programs and activities for their peers. Transportation is provided to Hollywood Recreation Center from the following Middle Schools: Leonardtown, Esperanza and Spring Ridge.



## TEEN AFTER SCHOOL

# Summerstock



For information on the events on the square in Leonardtown visit the website at [www.leonardtown.somd.com](http://www.leonardtown.somd.com) or call 301-475-9791.

### Downtown Tunes

Jazz, Country, Acoustic and Rock offerings in the Historic Leonardtown Square. Bring a lawn chair or blanket and some friends!

<u>Date</u>	<u>Day</u>	<u>Time</u>
5/24, 6/28, 7/26, 8/23	Sat	6:00-9:00pm

(rain date - the next Sunday)

### Sunrise Yoga on the Wharf

Open community yoga practice. Bring your mat, bottle of water, and a canned food item for a local food pantry. Greet the day at the Wharf with serenity and a good stretch. For more information call Evolve Yoga + Wellness at 301-862-1236.

<u>Date</u>	<u>Day</u>	<u>Time</u>
6/21, 7/19, 8/16, 9/20	Sat	7:30am

### Beach Party on the Square

A great free event and family fun! Entertainment includes the 25th Hour Band, sand volleyball, fire truck hose-downs, historic buy boats, classic cars, jump rope, hula-hoop and hot dog eating contests, face painting, games, prizes, crafts, food & more! Sponsored by Leonardtown Business Association & Commissioners of Leonardtown.

<u>Date</u>	<u>Day</u>	<u>Time</u>
8/2	Sat	4:00-9:00pm



## Show Dates

**July 18, 19, 25, 26 ~ 7:00 pm**  
**July 19, 26 ~ 1:00 pm**  
**July 20, 27 ~ 3:00 pm**

## General Admission

**Adults ~ \$14**  
**Senior ~ \$10**  
**Child ~ \$6**

## Matinee Admission

**Adults ~ \$10**  
**Senior ~ \$8**  
**Child ~ \$4**

**Great Mills High School**

### St. Mary's County Museum Division

Mark your calendar now for our 2014 special events, programs, and tours!



Visit us on line at [www.stmarysmc.com/recreate/museums](http://www.stmarysmc.com/recreate/museums) and find us on Facebook!

**301-769-2222**





Thank you to all our Easter sponsors!



Alexander Chiropractic



Women of the Moose



St. Maries Optimist

DYSON BUILDING CENTER



Trophies By Design



CARROLL'S EQUIPMENT



evolve YOGA + WELLNESS





# GYMNASTICS

## St. Mary's County Gymnastics Center

Welcome to the gymnastics center program! Our facility is located in Lexington Park and is home to both recreational gymnastics programs and two competitive teams: Mason Dixon and USAG. The center operates year-round and offers 6-sessions of classes. Please be sure to visit our website for specific registration details at [www.stmarysmd.com/recreate/gymnastics](http://www.stmarysmd.com/recreate/gymnastics).

### Seasonal Registration Fee – REQUIRED

Prior to registering for any program, each participant must be registered for the annual registration fee. This is a prerequisite for Session 6 and is charged per family. Additional siblings will see a \$0 charge. This fee is non-refundable and paying this fee does not automatically sign you up for a particular class.

Code	Fee
830013-A	\$15

Registration Dates	Class Dates	Session	Registration Fee
6/23-7/18	7/14-8/22	Session 6	\$15

## Recreational Gymnastics – NEW MEMBERSHIP LEVELS

### Effective August 1, 2014

St. Mary's Recreational Gymnastics programs offer classes over 6 sessions every year and featured on pages 12 & 13. In order to register for any of these programs starting in August, families must register for a membership level. We now have 3 options to meet your family's individual needs: whether you register for all 6 sessions during a membership year or just want to try a few classes before committing to additional classes, we have an option for your needs! What's different this year? Passes expire from the date of purchase, not based on a renewal each August as before. *New memberships will be available beginning August 1, 2014 and can be purchased prior to Session 1 Open Registration on August 11th. Membership is a requirement to register for recreational classes.* Fees are non-refundable and non-transferable.

### GOLD Membership

2 year membership offering a variety of discounts, early registration for 5 sessions prior to expiration and a special early bird registration for Session 1 during the 2nd year of your membership. Discounts include: birthday parties, private lessons, \$5 off coupon for each additional sibling per year, 1 free private lesson per year. Fee: \$60

Code
830001-C

### SILVER Membership

1 year membership offering a variety of discounts and early registration for 5 sessions prior to expiration. Discounts include: birthday parties & private lessons. Fee: \$30

Code
830001-B

### BRONZE Membership

Includes up to 3 session registrations good for one year from date of purchase. Discount included are birthday party discounts. This membership is perfect as a "trial" option for families new to gymnastics or those that only register for a few sessions per year. Fee: \$15

Code
830001-A

## Gymnastics Rec Parents & Tots I

(Ages 1 & Walking) This program is activity-and-child-centered. The class is based on the premise that all children learn best when engaged in individual meaningful motor activities that involves action and adventure. A team-based approach is essential as parents and teachers focus on the individual child's needs in a collaborative effort.

### Pre-Requisite: Code 830013-A

Code	Date	Day	Time	Fee
830602-C	7/16-8/20	Wed	9:30-10:15am	\$60
830602-E	7/18-8/22	Fri	10:30-11:15am	\$60

### Fall - Session I

Code	Date	Day	Time	Fee
830102-E	8/29-10/17	Fri	10:30-11:15am	\$78
830102-F	8/30-10/18	Sat	9:15-10:00am	\$78

### Pre-Requisite: Code 830001

## Gymnastics Rec Parents & Tots II

(Ages 2-3) This program is activity-and-child-centered. It is based on the premise that all children learn best when engaged in individual meaningful motor activities that involves action and adventure. A team-based approach is essential as parents and teachers focus on the individual child's needs in a collaborative effort.

### Pre-Requisite: Code 830013-A

Code	Date	Day	Time	Fee
830603-B	7/15-8/19	Tue	9:30-10:15am	\$60
830603-D	7/17-8/21	Thu	9:30-10:15am	\$60
830603-D1	7/17-8/21	Thu	5:00-5:45pm	\$60

### Fall - Session I

Code	Date	Day	Time	Fee
830103-B	8/26-10/14	Tue	9:30-10:15am	\$78
830103-D	8/28-10/16	Thu	9:30-10:15am	\$78
830103-D1	8/28-10/16	Thu	5:00-5:45pm	\$78
830103-E	8/29-10/17	Fri	4:30-5:15pm	\$78
830103-F	8/30-10/18	Sat	10:15-11:00am	\$78

### Pre-Requisite: Code 830001

## Gymnastics Rec Kindergym I

(Ages 3-4) Must be fully potty trained and independent (No parent participation in class). This program focuses at the elementary stages of fundamental movement skills. This stage of development children will have the opportunity to improve coordination and develop comprehension of skills being taught. This is an introduction to basic gymnastic equipment.

### Pre-Requisite: Code 830013-A

Code	Date	Day	Time	Fee
830604-A	7/14-8/18	Mon	9:30-10:15am	\$60
830604-A1	7/14-8/18	Mon	11:30am-12:15pm	\$60
830604-A2	7/14-8/18	Mon	5:30-6:15pm	\$60
830604-B	7/15-8/19	Tue	10:30-11:15am	\$60
830604-B1	7/15-8/19	Tue	11:30am-12:15pm	\$60
830604-C	7/16-8/20	Wed	10:30-11:15am	\$60
830604-E	7/18-8/22	Fri	11:30am-12:15pm	\$60

### Fall - Session I

Code	Date	Day	Time	Fee
830104-A	8/25-10/20	Mon	9:30-10:15am	\$78
830104-A1	8/25-10/20	Mon	11:30am-12:15pm	\$78
830104-A2	8/25-10/20	Mon	5:30-6:15pm	\$78
830104-B	8/26-10/14	Tue	10:30-11:15am	\$78
830104-B1	8/26-10/14	Tue	11:30am-12:15pm	\$78
830104-C	8/27-10/15	Wed	9:30-10:15am	\$78
830104-C1	8/27-10/15	Wed	11:30am-12:15pm	\$78
830104-D	8/28-10/16	Thu	6:00-6:45pm	\$78
830104-E	8/29-10/17	Fri	11:30am-12:15pm	\$78
830104-F	8/30-10/18	Sat	11:15am-12:00pm	\$78

### Pre-Requisite: Code 830001

## Gymnastics Rec Kindergym II

(Ages 4-5) **Pre-requisite:** Kindergym 1. Must be fully potty trained and independent (No parent participation in class). This program focuses at the elementary stages of fundamental movement skills. This stage of development children will have the opportunity to improve coordination and develop comprehension of skills being taught. This is an introduction to basic gymnastic equipment including the bars, beam, and floor skills.

**Pre-Requisite: Code 830013-A**

Code	Date	Day	Time	Fee
830605-A	7/14-8/18	Mon	10:30-11:15am	\$60
830605-A1	7/14-8/18	Mon	12:30-1:15pm	\$60
830605-B	7/15-8/19	Tue	12:30-1:15pm	\$60
830605-B1	7/15-8/19	Tue	4:45-5:30pm	\$60
830605-C	7/16-8/20	Wed	12:30-1:15pm	\$60
830605-C1	7/16-8/20	Wed	4:45-5:30pm	\$60
830605-D	7/17-8/21	Thu	11:30am-12:15pm	\$60
830605-E	7/18-8/22	Fri	9:30-10:15am	\$60

### Fall - Session I **Pre-Requisite: Code 830001**

830105-A	8/25-10/20	Mon	10:30-11:15am	\$78
830105-A1	8/25-10/20	Mon	12:30-1:15pm	\$78
830105-B	8/26-10/14	Tue	12:30-1:15pm	\$78
830105-B1	8/26-10/14	Tue	4:45-5:30pm	\$78
830105-C	8/27-10/15	Wed	10:30-11:15am	\$78
830105-C1	8/27-10/15	Wed	12:30-1:15pm	\$78
830105-C2	8/27-10/15	Wed	4:45-5:30pm	\$78
830105-D	8/28-10/16	Thu	11:30am-12:15pm	\$78
830105-E	8/29-10/17	Fri	9:30-10:15am	\$78
830105-F	8/30-10/18	Sat	9:15-10:00am	\$78

## Gymnastics Rec Level 1 **Pre-Requisite: Code 830001**

(Ages 5-6) This program is designed as an introduction of basic fundamental skills of gymnastics on all apparatus (i.e., vault, bars, beam, floor, mini-tramp, and trampoline). Skills are taught in a developmental sequence for students to develop flexibility, strength, balance, coordination, and self-confidence. Passing all skills in this class is required before advancing to the next level.

**Pre-Requisite: Code 830013-A**

Code	Date	Day	Time	Fee
830606-A	7/14-8/18	Mon	4:30-5:30pm	\$65
830606-C	7/16-8/20	Wed	11:30am-12:30pm	\$65
830606-C1	7/16-8/20	Wed	5:45-6:45pm	\$65
830606-D	7/17-8/21	Thu	10:30-11:30am	\$65
830606-D1	7/17-8/21	Thu	12:30-1:30pm	\$65
830606-E	7/18-8/22	Fri	4:30-5:30pm	\$65

### Fall - Session I **Pre-Requisite: Code 830001**

830106-A	8/25-10/20	Mon	4:30-5:30pm	\$83
830106-C	8/27-10/15	Wed	5:45-6:45pm	\$83
830106-D	8/28-10/16	Thu	10:30-11:30am	\$83
830106-D1	8/28-10/16	Thu	12:30-1:30pm	\$83
830106-E	8/29-10/17	Fri	5:30-6:30pm	\$83
830106-F	8/30-10/18	Sat	10:15-11:15am	\$83
830106-F1	8/30-10/18	Sat	12:15-1:15pm	\$83

## Gymnastics Rec Level 1B **Pre-Requisite: Code 830001**

(Ages 7-15) This program is designed as an introduction of basic fundamental skills of gymnastics on all apparatus (i.e., vault, bars, beam, floor, mini-tramp, and trampoline). Skills are taught in a developmental sequence for students to develop flexibility, strength, balance, coordination, and self-confidence. Passing all skills in this class is required before advancing to the next level.

**Pre-Requisite: Code 830013-A**

Code	Date	Day	Time	Fee
830607-B	7/15-8/19	Tue	5:45-6:45pm	\$65
830607-C	7/16-8/20	Wed	7:00-8:00pm	\$65

## Gymnastics Rec Level 1B (Continued)

830607-D	7/17-8/21	Thu	5:45-6:45pm	\$65
830607-E	7/18-8/22	Fri	12:30-1:30pm	\$65

### Fall - Session I

830107-B	8/26-10/14	Tue	5:45-6:45pm	\$83
830107-C	8/27-10/15	Wed	7:00-8:00pm	\$83
830107-D	8/28-10/16	Thu	5:45-6:45pm	\$83
830107-E	8/29-10/17	Fri	12:30-1:30pm	\$83
830107-F	8/30-10/18	Sat	11:30am-12:30pm	\$83

**Pre-Requisite: Code 830001**

## Gymnastics Rec Level 2

(Ages 7-15) **Pre-requisite:** Level 1 or Level 1B. Skills taught include all gymnastic apparatus: vault, bars, beam and floor, plus dance and trampoline. Floor skills include handstand forward roll, back bend kick-over, right & left handed cartwheel, and held handstand. Bar skills include pullovers, cast, single leg shoot thru, and toes on dismount. Beam skills include jump to demi plie, turns, and cartwheels. Vault skills include step hurdle, jump to stick landing, and punch to dive roll. All skills are taught in a developmental sequence for gymnast to increase flexibility, strength, balance, coordination, and self-confidence. Passing all Level 2 skills in this class is required to advance to the next level.

**Pre-Requisite: Code 830013-A**

Code	Date	Day	Time	Fee
830608-B	7/15-8/19	Tue	7:00-8:00pm	\$67
830608-D	7/17-8/21	Thu	7:00-8:00pm	\$67

### Fall - Session I

830108-B	8/26-10/14	Tue	7:00-8:00pm	\$85
830108-D	8/28-10/16	Thu	7:00-8:00pm	\$85

**Pre-Requisite: Code 830001**

## Gymnastics Rec Levels 3-5

(Ages 7-15) **Pre-requisite:** Level 2. Skills taught in this class include all gymnastic apparatus: vault, bars, beam and floor exercise at an advanced level. Instruction includes squat vault on horse (low setting), squat on 3' box, cast back hip, cast single leg shoot thru, cartwheel, forward roll on beam, tick tock with an 8" mat, and back bend kick over. All skills are taught in a developmental sequence for gymnast to increase flexibility, strength, balance, coordination, and self-confidence.

**Pre-requisite: Code 830013-A**

Code	Date	Day	Time	Fee
830609-A	7/14-8/18	Mon	6:30-8:00pm	\$73
830609-E	7/18-8/22	Fri	6:30-8:00pm	\$73

### Fall - Session I

830109-A	8/25-10/20	Mon	6:30-8:00pm	\$93
830109-E	8/29-10/17	Fri	6:30-8:00pm	\$93

**Pre-Requisite: Code 830001**

## Boys Rec Gymnastics

(Ages 7-15) This program is designed to educate participants of basic men's gymnastics. Participants will have the opportunity to work on the pommel horse, vault, rings, high bar and floor exercises. The class will work towards improving strength, flexibility, coordination, and confidence.

**Pre-Requisite: Code 830013-A**

Code	Date	Day	Time	Fee
830611-E	7/18-8/22	Fri	5:30-6:30pm	\$65



Online Users:  
No Receipt = No Registration

## YOUTH SPORTS

### Summer Youth Tennis Program

(Ages 5-16) Learn the rules, areas of the court, and etiquette of the game. Lessons are designed to quickly teach the skills of the game with the use of fun activities, games and matches. Participants will play against players of similar age and ability. Participants should bring a water bottle and racquet. Racquets will be provided if needed.

PLEASE NOTE: Rained out classes can be made up by attending another session, on another day at another site. Team tennis will meet at Leonardtown High School each Thursday. *Fee: \$75*

Ages 5-9: 9:00 am to 10:30 am

Ages 10-16: 10:30 am to 12:00 pm

*Location: Town Creek Tennis Courts*

Code	Ages	Date	Day	Time
470603-A	5-7	7/7-7/31	Mon	9:00-10:00am
470603-B	8-10	7/7-7/31	Mon	10:00-11:00am
470603-C	11-16	7/7-7/31	Mon	11:00am-12:00pm

*Location: Leonardtown High School*

Code	Ages	Date	Day	Time
470603-D	5-6	7/8-7/31	Tue	9:00-10:00am
470603-E	7-9	7/8-7/31	Tue	10:00-11:00am
470603-F	10-11	7/8-7/31	Tue	11:00am-12:00pm
470603-G	12-16	7/8-7/31	Tue	12:00-1:00pm

*Location: Laurel Grove Park*

Code	Ages	Date	Day	Time
470603-H	5-7	7/9-7/31	Wed	9:00-10:00am
470603-I	8-10	7/9-7/31	Wed	10:00-11:00am
470603-J	11-16	7/9-7/31	Wed	11:00am-12:00pm

### Introduction to Track & Field

(Ages 8-17) This program emphasizes the value of good sportsmanship, discipline, teamwork, personal goal setting and hard work. Improve the fundamentals of running, throwing and jumping, with emphasis on endurance, strength and speed. Practices will prepare athletes for the Hershey Track & Field event and up to four All Comer USA Track and Field meets at Edison High School in Alexandria, VA. Participation in sanctioned events is voluntary.

*Location: Leonardtown High School Track & Leonard Hall.*

Code	Date	Day	Time	Fee
370105-A	4/6-8/10	Sun & Wed	4:00-5:30pm 6:00-7:30pm	\$45

### Summer Youth Basketball League

(Ages 8-13) Take this opportunity to improve your basketball skills while playing games in a School Gym. No playoffs, no trophies, no standings kept, just games. Teams will be able to practice the first week only then will play games twice a week. Need a minimum of 36 participants to run.

*Location: St. Mary's County Public Schools. Fee: \$80*

Code	Date	Day	Time	Type	Ages
470504-A	6/10-8/7	Tue, Thu	5:30-9:30pm	Co-Ed	8-10
470504-B	6/10-8/7	Tue, Thu	5:30-9:30pm	Boys	11-13
470504-C	6/10-8/7	Tue, Thu	5:30-9:30pm	Girls	11-13

### PARTNER LEAGUES

Partner League information can be found on the website at:  
[www.stmarysmd.com/recreate/partnerleagues](http://www.stmarysmd.com/recreate/partnerleagues)

### Sport Performance Training

(Ages 10-14) Led by Positive Coaching Alliance (PCA) certified coaches, this training program enables young athletes to develop explosive power and increase vertical jump, strength, flexibility and overall speed, while decreasing the risk of injury. A combination of experienced instructors and cutting-edge training programs allows campers to learn the fundamentals of balance, speed and agility training, improve their linear, lateral and multi-directional movements on the field or court, and improve their overall athletic ability. CORE Sports Performance camps include competitive and fun activities in rotational stations to keep athletes active and engaged in small groups. The last day we will provide campers with an evaluation to measure strength, speed and quickness. *Fee: \$80*

*Location: Leonardtown Middle School, gym*

Code	Grades	Date	Day	Time
470512-A	5-8	8/11-8/14	Mon-Thu	5:15-6:45pm
470512-B	5-8	8/11-8/14	Mon-Thu	7:00-8:30pm
470512-C	5-8	8/18-8/21	Mon-Thu	5:15-6:45pm
470512-D	5-8	8/18-8/21	Mon-Thu	7:00-8:30pm

### Youth Kickball League

(Ages 8-11) The St. Mary's Recreation & Parks Youth Kickball League is a co-ed recreation league for kids in 3rd-8th Grades. Bring your school yard best out to play in this new eight week program of Kickball. League fee includes t-shirt and water bottle! The spirit of this league is to ensure a fun environment and participant enjoyment. The season runs weeknights from June-August with teams receiving 1 week of practice before games begin.

*Location: Dorsey Park & Chancellors Run. Fee: \$60*

Code	Date	Day	Time	Grade
470107-A	6/24-8/21	Tue-Thu	6:00-8:00pm	3-5
470107-B	6/24-8/21	Tue-Thu	6:00-8:00pm	6-8

### Youth Roller Hockey

(Ages 6-17) A great informal atmosphere to either hone your skills or learn a new sport. Will teach the beginner. Must have full equipment which includes a helmet with shield, stick, roller blades, shoulder pads, gloves and pants with pads. *Fee: \$75*

*Location: Leonard Hall Recreation Center.*

Code	Ages	Date	Day	Time
470104-A	6-17	6/2-8/25	Mon	6:00-9:00pm

## Tri-County Junior Golf Tour

Open to Juniors ages 8-14

Begins June 30, 2014



This is competitive tournament golf. Players must know how to play golf. Three years of prior golf experience is preferred. A daily lunch special will be available for the players for \$3 or less. \$10 registration fee plus \$10 per event. Parents or volunteers are needed for scorekeeping. There will be a complementary end of the year awards banquet on August 11. For registration form please visit the website at

[www.stmarysmd.com/docs/Tri-County\\_Junior\\_Golf\\_Tour](http://www.stmarysmd.com/docs/Tri-County_Junior_Golf_Tour)

Date	Location	Day	Time	Fee
6/30	Chesapeake Hills	Mon	10:30am	\$10
7/7	Wicomico Shores	Mon	10:30am	\$10
7/14	White Plains	Mon	10:30am	\$10
7/21	Chesapeake Hills	Mon	10:30am	\$10
7/28	White Plains	Mon	10:30am	\$10
8/4	Rain Date	Mon	10:30am	\$0



**ADULT SPORTS**

**Adult Indoor Soccer: Summer**

(Ages 18 & Up) Get a group of friends together, a group from work, or a bunch of family members and form an indoor soccer team. Have a fun time while getting in a workout at the same time. Both competitive and recreational leagues are offered. **Registration for Summer** will be held at the Recreation & Parks Main Office June 24<sup>th</sup> 6:00 - 8:00 pm.

**Online registration** begins on June 1 and ends on July 1.

*Location: Gym, Leonard Hall Recreation Center.*

*Fee: \$45 (Individual); \$400 (team w/o shirt)*

**Women's Team**

<u>Code</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Fee</u>
470120-A1	7/8-8/26	Tue	6:00-10:30pm	\$45
470120-A2	7/8-8/26	Tue	6:00-10:30pm	\$400

**Co-Ed Competitive Team**

<u>Code</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Fee</u>
470122-A1	7/8-8/26	Tue	6:00-10:30pm	\$45
470122-A2	7/8-8/26	Tue	6:00-10:30pm	\$400
470122-B1	7/10-8/28	Tue	6:00-10:30pm	\$45
470102-B2	7/10-8/28	Thu	6:00-10:30pm	\$400

**Co-Ed Recreational Team**

<u>Code</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Fee</u>
470123-A1	7/8-8/26	Tue	6:00-10:30pm	\$45
470123-A2	7/8-8/26	Tue	6:00-10:30pm	\$400
470123-B1	7/10-8/28	Tue	6:00-10:30pm	\$45
470123-B2	7/10-8/28	Thu	6:00-10:30pm	\$400

**Adult Kickball**

(Ages 18 & Up) Recreation & Parks Co-Ed Adult Kickball League brings a fresh new twist to the adult recreational sports scene. Kickball... yes, just like you played in 5th grade. This great playground pastime is now back for adults 18 and older to enjoy. We encourage rivalries, cheering, and general fun; but if you are an individual looking for an extremely competitive sport, our leagues may not be for you. The idea behind kickball - past and present - is to have fun first, win second. Win or lose, what's better than being out there having fun with friends. *Location: BASEBALL FIELDS, Dorsey Park.*

<u>Code</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Fee</u>
470106-A	6/14-8/23	Sat	12:00-7:00pm	\$200 per team

**SUMMER CAMP**

**SCHOLARSHIPS AVAILABLE!**

St. Mary's County Recreation & Parks provides opportunities for participants to apply for a scholarship to attend summer camp. Scholarships are made available through the generous contributions of several local civic organizations and the net proceeds from the department's Scott Verbic Memorial Golf Tournament.

The Scholarship Fund provides qualified individual's the opportunity to participate in camp at a 50% prorated amount. Forms must be submitted in person at R&P Main Office.

How do I apply?

1. Submit a completed Scholarship Application & Camp Registration Form.
2. To download forms visit:  
[www.stmarysmd.com/recreate/register](http://www.stmarysmd.com/recreate/register)
3. **Complete Form A & Form F**
4. Provide proof of eligibility: Free or Reduced Lunch approval form from St. Mary's County Public Schools.
5. Must currently reside in St. Mary's County.
6. Payment of 50% of registration fees are due with completed application and supporting documents.

**LET US HELP**

**YOUR CHILD ATTEND CAMP!**



**Wicomico Shores GOLF COURSE**

Featuring: **"The Riverview"**  
RESERVE & ENJOY A DELICIOUS MEAL

Plan your special event with us!

- Weddings • Banquets
- Meetings • Receptions • Birthdays
- Reunions • Anniversaries

FOR MORE INFORMATION CALL OR VISIT US ONLINE  
301-884-0399 OR 301-884-4601  
[www.co.stmarys.md.us/recreate/riverview.asp](http://www.co.stmarys.md.us/recreate/riverview.asp)

*“The staff members that lead the Mother Son Kickball Tournament were confident, fun and upbeat. They engaged each participant and really added to the fun of the afternoon!”*

## Orioles vs Yankees Game

(All Ages) Save the money on parking, avoid the hassle of the drive, enjoy a comfortable ride on a coach bus to watch the Orioles play the Yankees at Camden Yards!

Seat Location  
Left Field, Lower Box Section 66

<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Fee</u>
7/13	Sun	5:30pm - 2:00am	\$75

### Cruise - Grandeur of the Seas

Cole Travel & St. Mary's Recreation and Parks would like to invite you to cruise aboard the Grandeur of the Seas from Baltimore for a 8-nights New England & Canada Cruise.

- Departs Baltimore, MD at 4:00pm on October 2, 2014
- Returns Baltimore, MD at 7:00 am on October 10, 2014

For further information, please contact Marcie at Cole Travel at 301-472-4552 or 301-863-9497; email - [marcie@coletravel.biz](mailto:marcie@coletravel.biz)  
[www.stmarysmd.com/docs/Cruise Trip](http://www.stmarysmd.com/docs/Cruise%20Trip)



## Upcoming Trips

Look for more trips in the Fall Program Guide.

- Christmastown at Busch Gardens
- Winter in New York City





**Registration for teams now open!**  
**Visit [www.stmarysmd.com/recreate/golf](http://www.stmarysmd.com/recreate/golf)**



*19th Annual*  
**Scott Verbic**  
**Memorial Golf Tournament**  
*June 6, 2014*

## G.O.L.F Program

**(Giving Opportunities to Local Families)**

*Donate so others may play...*

This year you have an opportunity to contribute to the St. Mary's County Recreation Scholarship Fund. This fund was created 18 years ago through an annual golf tournament held in remembrance of Scott Verbic to provide opportunities for those children in need of assistance to participate in recreation programs.

Today we have created the G.O.L.F (Giving Opportunities to Local Families) Program that provides opportunities for individuals and families to contribute to the Scholarship Fund. For only \$25, you or your family can place your name among fellow donors on a featured plaque recognizing your contribution. The plaque will be displayed for all to see at the Main Office of Recreation & Parks.



All donations are tax-deductible. [Donate Today...](#)

## Give the Gift of Recreation

Don't know what to give that special someone? Provide your friends and family a gift of Play! Gift Cards are available in \$25 increments and can be used on a variety of programs. These certificates must be purchased in-person, but they can be redeemed online and are perfect for upcoming Summer Camp registrations, sports classes or even one of our new leisure programs.

Gift Cards do not have an expiration date!





# AQUATICS

**GREAT MILLS POOL**  
**21100 Great Mills Road**  
**Great Mills, MD 20634**  
**301-866-6560**

## Annual Pool Passes & Daily Admission

The Great Mills Swimming pool is a 25 yard x 25 meter pool with six lanes, zero depth entry and maximum depth of 9 feet. The pool is covered with an air-inflated bubble from September – May and is used as an outdoor pool for June – August. Annual Passes are valid for 1/01/14-8/31/14; Bubble Season Passes are valid for 9/14/14-5/10/15.

Pass Type	Annual Pass	Bubble Pass	24 Punch Pass	Daily
Household	\$300	\$325	n/a	n/a
Youth (17 & Under)	\$160	\$160	\$85	\$4
Adult	\$225	\$250	\$115	\$5
Senior (60 & Up)	\$160	\$160	\$85	\$4
Lap Swim	n/a	n/a	\$70	\$3
Non-swimmer	n/a	n/a	n/a	\$3

**Weekend only passes (Sat & Sun) are available for \$175 per household and weekday only passes (Mon-Fri) for \$225.**

**PLEASE NOTE:** In the event of an emergency pool closure, refunds will not be provided. However, rain checks will be given if you have utilized the pool for less than an hour. Anyone that leaves the pool facility must pay an admission fee upon their return.

## Lap Swimming

(All Ages) Lap swimming is available most anytime of the day depending upon pool capacity. Morning hours are designated specifically for lap swimmers to enjoy 6 lanes of designated space prior to normal operating hours for public open swim. First come, first serve. Fee: \$3 daily rate or \$70 24-Punch Pass.

## Aqua Aerobics

(All Ages) Aqua Aerobics provides a safe, effective and FUN option for participants of all ages and abilities. Everyone can benefit from exercising in the water. These classes use a combination of aerobic exercise (cardiovascular endurance), conditioning (to strengthen muscles) and basic stretching (to increase flexibility) for all abilities. These exercises employ the natural isotonic resistance of water and requires minimal swimming ability. Aqua Aerobics is an excellent method of cross training, resistance training, burning calories, losing weight & reducing joint impact. **FEES:** \$8 per class or purchase an **Aqua Aerobics Punch Pass** - \$42 for any 6 classes; \$80 for any 12 classes; \$115 for any 18 classes.

Class Type	Daily	Time
Wake Up Aerobics	M-F	9:00-10:00am
Cardio ReCharge	Mon	6:00-7:00pm
Lunchtime Moves	Mon & Wed	12:00-1:00pm
Afternoon Grooves	Tue & Thu	4:30-5:30pm
Weekend Workout	Sat	11:00am-12:00pm

## Scuba Lessons

Lessons are offered at the Great Mills Pool through Sea Dive Inc. Beginning and experienced divers are welcome. Classes meet on Tuesday & Thursday evenings from 8:00 - 10:00pm. To register for lessons and more information please call 410-326-4386 or 410-610-7827.

## Summer Hours - Public Swim

Monday-Saturday 12:00-8:00pm  
 Sundays 12:00-6:00pm

## Designated Lap Swim Time

M, W, F 6:00 - 10:00am  
 T, Th 8:00 - 10:00am  
 Sat 8:00am - 12:00pm

\*Available at all times based on capacity and programs.



## Water Walking

(Ages 18 & Up) Water Walking is a 30-minute instructor led class that consists of creative walking and resistant training to help increase physical fitness while meeting new people. Routines typically involve walking in the water that is waist high or deeper while you swing your arms in the same manner you would walking on land. Web gloves and water buoys will also be used. The water provides more resistance as compared to air and helps reduce joint pain issues. This class can be used as a warm up or stretching session before an Aqua Aerobics class. The use of water shoes is recommended.

Days	Time	Drop-In Fee
M-F	8:15-8:45am	\$3 per class

## Adult Swim Lessons

(Ages 16 & Up) The adult class will focus on teaching an individual to learn the basic skills to swim and also to help an existing swimmer to enhance their swimming abilities: Proper arm technique, Proper leg kick, body alignment in the water, learn to swim w/face in the water, breathing techniques (head side to side), water safety tips, swimming under water techniques.

Code	Date	Day	Time	Fee
760905-G1	6/14-7/19	Sat	11:00-11:40am	\$65
760906-G1	7/26-8/30	Sat	11:00-11:40am	\$65

## Great Mills Aquatics Club

GMAC provides an opportunity for all swimmers, regardless of age or ability, to reach their highest personal potential as both a person and athlete. We will emphasize individual and team growth, by guiding participants through an aquatics program that stresses a thorough knowledge of the sport, a healthy lifestyle and spirit of sportsmanship. For more information, visit [www.gmacotters.org](http://www.gmacotters.org)



## LEARN TO SWIM LESSONS

Parent and Child and Learn to Swim classes help young children get ready to swim by emphasizing fun in the water. Parents and children participate in 8-class sessions that help kids learn elementary swimming skills.

Class Dates	Registration Dates
6/23-7/3	6/9-6/23
7/14-7/24	
8/4-8/14	

Fees: \$65 all classes.

### Parent & Child – Level 1

(Ages 6 months – 2 years) This is an introductory course where the parent and child are in the water. The child will learn proper water entry and exit, front/back float and kick with support, blowing bubbles, gliding with support, submerging head and rolling over from front to back. This is part of a progression. Successful completion will allow for parent and child to register for Level 2.

Code	Date	Day	Time
760904-A1	6/23-7/28	Mon	9:30-10:10am
760905-A1	6/14-7/19	Sat	11:00-11:40am
760906-A1	7/26-8/30	Sat	11:00-11:40am

### Parent & Child – Level 2

(Ages 3-4) This is an introductory course where the parent and child are in the water. The child will learn proper water entry and exit, pool and water safety, moving around the pool, front/back float and kick with support, bobs, gliding with support, swim on front and back with support, jumping into the pool and turn over from front to back and back to front. This is part of a progression. Successful completion will allow child to register for Level 3.

Code	Date	Day	Time
760904-B1	6/23-7/28	Mon	8:45-9:25am
760905-B1	6/14-7/19	Sat	10:10-10:50am
760906-B1	7/26-8/30	Sat	10:10-10:50am

## Learn to Swim – Red Cross Certified Classes

(Ages 5 & Up) These classes will teach from the basics through a progression of advanced skills in Levels 1-3. Each level must be successfully completed prior to advancing. Level 1 will cover the basics and focus on submersion and combination stroke movements. Level 2 will build on the skills of Level 1 and include treading water and various types of strokes. Level 3 will focus more on diving, retrieval of objects and more skilled strokes.

### Level 1

Code	Date	Day	Time
760901-C1	6/23-7/3	M-Th	9:45-10:15am
760902-C1	7/14-7/24	M-Th	9:45-10:15am
760903-C1	8/4-8/14	M-Th	9:45-10:15am
760904-C1	6/23-7/28	Mon	8:00-8:40am
760905-C1	6/14-7/19	Sat	8:30-9:10am
760905-C2	6/14-7/19	Sat	9:20-10:00am
760906-C1	7/26-8/30	Sat	8:30-9:10am
760906-C2	7/26-8/30	Sat	9:20-10:00am

### Level 2

Code	Date	Day	Time
760901-D1	6/23-7/3	M-Th	8:35-9:05am
760901-D2	6/23-7/3	M-Th	9:10-9:40am
760902-D1	7/14-7/24	M-Th	8:35-9:05am
760902-D2	7/14-7/24	M-Th	9:10-9:40am
760903-D1	8/4-8/14	M-Th	8:35-9:05am
760903-D2	8/4-8/14	M-Th	9:10-9:40am

## Learn to Swim – Red Cross Certified Classes (Cont.)

### Level 3

Code	Date	Day	Time
760901-E1	6/23-7/3	M-Th	8:00-8:30am
760902-E1	7/14-7/24	M-Th	8:00-8:30am
760903-E1	8/4-8/14	M-Th	8:00-8:30am

### Level 4

Code	Date	Day	Time
760901-F1	6/23-7/3	M-Th	10:20-10:50am
760902-F1	7/14-7/24	M-Th	10:20-10:50am
760903-F1	8/4-8/14	M-Th	10:20-10:50am

## ADAPTED AQUATICS

## RETURNS THIS FALL

# Open Skate (Summer Only)

Friday's

1:00 ~ 3:00pm



All ages are welcome!

June 27th

July 11th, 18th & 25th

August 1st, 8th & 15th

- Leonard Hall Recreation Center
- \$5 admission
- \$2.50 skate rental

Call 301-475-4200 ext. 1800  
for more information

# RENTALS

## Park Pavilions Available for Rental

Pavilions are rented Monday through Sundays and must be reserved in advance.

Reservations will be accepted over the phone with a credit card (Visa, or MasterCard) for the months of April through October  
Please call (301) 475-4200 ext. 1800 to make reservations.

### 2014 Pavilion Fees

Small Pavilion - groups less than 60 people \$100  
(Nicolet, Chancellors Playground, Dorsey #2 & Baggett Park)

Large Pavilion \$150  
(Cecil, Fifth District, Dorsey #1 & Elms Beach)

200+ people will incur an additional staff fee of \$10 per hour. Reservations must be made a minimum of two weeks prior to rental date.

Lancaster Park pavilion and Nicolet Park pavilion are available on a first come basis.

Alcohol Consumption Permit \$100  
\*\*Not available at Chancellors Run Regional Park (playground pavilion), Elms Beach, Lancaster and Nicolet Parks.

All prices are subject to change.



## Summer Fun at your Library

This summer help your children maintain their reading skills and discover the fun of reading by:

- Visiting the library often
- Encouraging them to read everyday
- Participating in our summer reading activities.

The **Summer Reading Programs** begin June 2 and are available for all reading levels from babies through teens. The free **2014 Professional Performance Series** will kick off on **June 23**. Visit your library or [www.stmalib.org](http://www.stmalib.org) for more summer program information.

## Nicolet Park

21777 Bunker Hill Drive  
Lexington Park, MD 20653



## Skate Park

### Hours of Operation

#### Summer Season

June 13 - August 22, 2014

Monday - Friday - 12:00p.m. until Sunset

Saturdays and Sundays - 12:00p.m. until Sunset

#### Fall Season

August 23 - November 14, 2014

Friday - 3:00p.m. until Sunset

Saturdays & Sundays - 12:00p.m. until Sunset

#### School Holiday Hours

12:00pm until Sunset on all dates that St. Mary's County Public Schools are closed.

#### Fees

Daily Entrance = \$5.00

Season pass (in county) = \$25.00 per season

Season pass (out of county) = \$40.00 per season

\*\*Helmets are required to be worn by all participants

\*\*Knee and elbow pads are suggested but not mandatory

\*\*Park will be closed if temperature is not above 40 degree

#### Skate Lessons

Saturdays, June 14 - July 5, 2014 \* 10:00 - 11:30am \* \$40

Equipment required: skateboard & helmet. (helmets for rent - \$3)

More info: [www.stmarysmd.com/recreate/nicoletpark](http://www.stmarysmd.com/recreate/nicoletpark)

## Sprayground

### Hours of Operation

May 24 - September 1, 2014

Daily 12:00 - 6:00pm

\$2 per person \* Season Pass \$20 \* Family Pass \$50 per family

#### Toddler Time

Monday & Thursday

10:45 - 11:45am

Children up to age 4 ONLY

#### RULES AND REGULATIONS

-Everyone entering the spray ground must pay the admission fee.

-Ages 8 & under must be accompanied/supervised by a parent or guardian at least 13 years of age.

-No pets allowed in or on the spray ground.

-Children wearing diapers must wear a "swim diaper" -Only rubber soled shoes allowed on spray ground rubber deck.

-For your safety, please do not climb on spray apparatus, railings or barriers.

-No skateboards, bicycles or roller skates are allowed on spray ground.

-Play at your own risk

-Maximum spray ground capacity is 50 youths in water area.

-Parents must remain inside park with children for supervision

More info: [www.stmarysmd.com/recreate/nicoletpark](http://www.stmarysmd.com/recreate/nicoletpark)



## ARTS & CRAFTS

### Pottery & Ceramics

(Ages 5 & Up) This program covers building with clay using several different methods such as coiling, pinching and the fundamentals of pouring. For those people who already know these fundamentals, this class will serve as a refresher. Students will also learn about the different types of glazing materials. A basic supply kit will be needed to be purchased on the first day of class from the instructor. Additional supplies are available for an additional cost.

Location: Chancellors Run Regional Park.

#### Ages 5-12

Code	Date	Day	Time	Fee
440119-A	7/8-8/12	Tue	5:15-6:15pm	\$45
			Supply fee to instructor:	\$25

#### Ages 13 & Up

Code	Date	Day	Time	Fee
440219-A	7/8-8/12	Tue	6:15-7:15pm	\$45
440219-B	7/12-8/16	Sat	10:00am-12:00pm	\$95
			Supply fee to instructor:	\$30

### Children's Arts & Crafts

(Ages 5-10) A different project will be completed each week using different mediums including wood, plastics, paint, fabric and others. Materials fee of \$25 due to instructor the first day of class. Parents MUST stay during class.

Location: Chancellors Run Regional Park.



Code	Date	Day	Time	Fee
440120-A	7/9-8/13	Wed	5:15-6:15pm	\$30

### Beginning Digital Photography

(Ages 12 & up) The course includes the making of photographs with your digital camera and working with your images in the desktop digital darkroom (Adobe Photoshop elements). Gain a technical understanding of the camera-computer process while working on developing your own personal vision through this exciting medium. The instructor is a retired National Geographic Photo Editor.

Location: Chancellors Run Regional Park.

Code	Date	Day	Time	Fee
440294-A	7/2-8/6	Wed	7:30-9:00pm	\$90

### Digital Photography Special Projects

(Ages 12 & Up) Allowing students who have already taken the Beginning Workshop to choose a particular type or style of photography and concentrate all six sessions on gaining a fluency of skills in a particular area (portrait, landscape, photo journalism, theater, etc.). Group critique. The instructor is a retired National Geographic Photo Editor. Location: Chancellors Run Regional Park.

Code	Date	Day	Time	Fee
440295-A	7/3-8/7	Thu	7:30-9:00pm	\$90

### Ark & Dove Quilting

(All Ages) Anyone interested in piecing or constructing quilts should attend. Lessons in a group setting on specific projects will be offered. For further information, contact Sue Wood at (301) 884-4108. This is a year round program. Join anytime. Register & pay on site only!

Location: Leonard Hall Recreation Center.

Code	Date	Day	Time	Fee
100002-A	4/22-8/19	Tue	10:00am-2:00pm	\$12 per yr

### Manga Mania NEW

(Ages 9-12) Through the Manga Mania course students will learn the basics of Manga character design from scratch. Students will learn about Manga character body proportions, facial features, expressions, posing, and costume design. Basic inking and watercolor (coloring) techniques will be practiced. Students will create a detailed model sheet (model study). Through the model sheet students will elaborate the special features that make their character unique! Materials lists are found under item details online, on your receipt or can be emailed upon request. Location: Rm 1, Hollywood Rec Center.

Code	Date	Day	Time	Fee
440124-A	7/12-9/6	Sat	12:00-2:00pm	\$80

### Painting and Drawing for Beginners NEW

(Ages 5-8) The Drawing and Painting for Beginners course will enhance a child's natural abilities and artistic sensibilities. During the first four classes, children will learn to apply the main elements of drawing such as composition, proportion, structure, perspective, light and shadow. During the last four classes, students will learn basic color theory so that they may be able to achieve a wide array of colors and shades by mixing the three primary colors: red, yellow and blue. Students are expected to bring materials with them the first day of class. Materials lists are found under item details online, on your receipt or can be emailed upon request.

Location: Rm 1, Hollywood Rec Center.

Code	Date	Day	Time	Fee
440125-A	7/12-9/6	Sat	9:00-11:00am	\$80

### Pampered Divas NEW

(Ages 16 & Up) Relax and renew with a pampering skin care session. Rejuvenate your skin with a personalized skin care analysis and revitalizing demonstration. Learn how to properly cleanse your face and apply product. Free gift set give away for registered participants. Location: Activity Room 1, Chancellors Run.

Code	Date	Day	Time	Fee
440126-A	6/10	Tue	6:00-7:00pm	\$20
440126-B	7/8	Tue	6:00-7:00pm	\$20
440126-C	8/5	Tue	6:00-7:00pm	\$20
440126-D	9/9	Tue	6:00-7:00pm	\$20

### Bella Bee Glamour Workshop NEW

(Ages 16 & Up) Girls will create a trendy shimmer and shine look on the outside and create fun new looks with hip fashion accessories. They will take the Bella Bee pledge promising to always seek goodness and learn the importance of beauty that comes from within. Party guests will take home a Bella Bee purse with assorted glamour products. Location: Activity Room 1, Chancellors Run.

Code	Date	Day	Time	Fee
440127-A	6/12	Thu	6:30-8:00pm	\$20
440127-B	7/10	Thu	6:30-8:00pm	\$20
440127-C	8/7	Thu	6:30-8:00pm	\$20
440127-D	9/11	Thu	6:30-8:00pm	\$20

### Stuff N Fluff Party NEW

(Ages 4 & Up) During the Noah's Ark Animal Workshop, your child will make and bring to life their very own stuffed pal. Children will stuff their animal, insert a rainbow wish star, name their animal and complete their birth certificate. There is a different project each workshop, so sign up for them all! Parents of children under 6 must stay for entire program. Location: Activity Room 1, Chancellors Run.

Code	Date	Day	Time	Fee
440128-A	6/13	Fri	6:30-8:00pm	\$20
440128-B	7/11	Fri	6:30-8:00pm	\$20
440128-C	8/8	Fri	6:30-8:00pm	\$20
440128-D	9/12	Fri	6:30-8:00pm	\$20

# LEISURE PROGRAMS

## ADULT DANCE

### Ballroom Dance

(Ages 18 & Up) **Level 1:** Have fun learning to dance to some of your favorite Ballroom dances. You will learn basic patterns, dance holds, lead and follow, dance timings and counts, turns and footwork all in a fun social class. Group A dances are; Foxtrot, Waltz, Rumba, Cha Cha. Group B dances are; East Coast Swing, Hustle/Disco, Tango, Salsa, Merengue. The A and B groups of dances will alternate by sessions. Singles are welcome. Attire: dress casual, dress or dance shoes with leather or suede soles. NO rubber soled or open toed shoes! SINGLES WELCOME. *Location: Hollywood Recreation Center, Main Room. Fee: \$60.*

**Level 2:** Participants need ballroom experience in dances to be covered (Foxtrot, Waltz, Rumba, and East Coast Swing, Cha Cha, Hustle, Tango, Nightclub two step/Merengue/Salsa).

*Location: Hollywood Recreation Center, Main Room. Fee: \$60.*

Code	Type	Date	Day	Time
440240-A	Level 1	7/2-8/20	Wed	6:30-8:00pm

### Belly Dance

(Ages 16 & Up) For further information, contact Veda at [vedasereem@gmail.com](mailto:vedasereem@gmail.com) or call 301-994-3151. *Location: Leonard Hall Recreation Center.*

### Belly Dance - Beginners

(Ages 16 & Up) Learn an exciting new style of belly dance that has become popular due to ethnic costuming and music. This program offers different levels of dance.

Code	Date	Day	Time	Fee
440241-A	7/10-8/28	Tue	6:00-7:00pm	\$65

### Belly Dance Continuous

(Ages 16 & Up) Learn unique steps and movements, choreographed routines and an opportunity to be part of the "Daughters of Veda Mid-Eastern Dance Troupe." Dancers should have knowledge of beginning belly dance moves. Different steps, moves and choreographies will be taught for each class.

Code	Date	Day	Time	Fee
440242-A	7/8-8/26	Tue	6:00-7:00pm	\$65
440242-B	7/8-8/26	Tue	7:00-8:00pm	\$65
440242-C	7/10-8/28	Thu	7:00-8:00pm	\$65

## Returning this Fall...

Tax Course Golf Lessons Dance Spanish  
Adapted Aquatics Model Airplane  
Knitting Basket Weaving  
Dog Obedience Sign Language  
Volleyball

## EDUCATION & MUSIC

### Homebuyers Seminar

(Ages 18 & Up) This seminar will take you through the home buying process such as: getting pre-qualified, the loan process, the real estate process and how to choose the right realtor. Specific loan programs such as FHA, VA and USDA will be discussed. Sponsored by Arlene Wald, Equity Resources and Hollie Beckwith, Re/Max 100. Questions may be directed to Arlene Wald at 240-372-9457 or email her at [awald@calleguity.net](mailto:awald@calleguity.net). *Location: Chancellors Run Park.*

Code	Date	Day	Time	Fee
440272-A	7/17	Thu	6:30-8:00pm	\$10
440272-B	8/21	Thu	6:30-8:00pm	\$10

### Kindermusik - Village

(Ages 2-4) ABC Music & Me helps develop pre-literacy and language skills through a child's most-loved rituals: music and story time. What you'll experience in class: phonetic awareness and early reading skills; hand-eye coordination; Focused listening; fine motor skills; expressive speech.



*Location: Room 2, Hollywood Rec Center. \*No class 5/26.*

Code	Date	Day	Time	Fee
440102-A	8/11-9/15	Mon*	10:30-11:15am	\$60
440102-B	8/13-9/17	Wed	10:00-10:45am	\$60

### Boat Maryland - A course on responsible boating ★ **NEW**

(Ages 13 & Up) (Ages 12 and under with a registered parent) **This course is approved by the Maryland Department of Natural Resources.** Upon successful completion a certificate of boating safety education will be issued. All persons born after July 1, 1972 are required to have this certification while operating a motorized vessel in Maryland waters. This course provides a basic knowledge of boating rules and safety. Topics include boat nomenclature, navigation, legal requirements, maintenance issues, emergencies, weather and water conditions. Attend this course and get answers to your questions. Be a safe boater! For online DNR boating information go to:

[www.dnr.state.md.us/boating](http://www.dnr.state.md.us/boating)

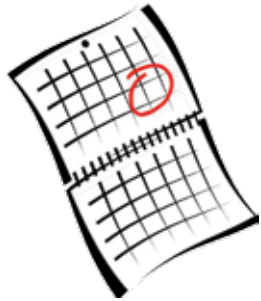
*Location: Senior Lounge, Chancellors Run.*

Code	Date	Day	Time	Fee
440211-A	8/9-8/16	Sat	1:00-5:30pm	\$25
440211-B	7/14-7/18	M,W,F	6:00-9:00pm	\$25



# Mark Your Calendar

St. Mary's Recreation & Parks is bringing you family fun throughout the year. Be sure to mark your calendars for these very special programs with your family!



<u>Date</u>	<u>Program</u>	<u>Location</u>
September 14th	Punt, Pass & Kick	5th District Park
October 25th	Family Halloween Party	Carver Rec Center
November 28th	Black Friday Breakfast	Hollywood Rec Center
December 6th	Santa's Workshop	Hollywood Rec Center



## CUSTOMER TESTIMONIALS

*"The staff at Evergreen Elementary are FANTASTIC!! My daughter loves it there!! You are very lucky to have such wonderful women working for your program. "*

*"All parks and recs programs are really good! The program guide is really helpful and I use the website all the time. Online registration is easy."*

*"Affordability, very friendly staff"*

*"Lots of kid friendly options"*

*"I commend all of your staff and volunteers, without them my children wouldn't have the opportunity to learn a sport, be a part of a team, practice good sportsmanship, etc. Thank you!"*

# Skate Night



Every Saturday Night  
6:00-9:00pm  
Leonard Hall Recreation Center

Enjoy a fun family night out  
and skate to fun music!

**\$5 Admission**  
**\$2.50 Skate Rental**




Call 301-475-4200 ext. 1800  
for more information.



# LEISURE PROGRAMS

## YOUTH FITNESS

### Shameka's Fitness Jam

(Ages 5-12) Kids will love her "Fun Style" as she invites them to dance with her on the stage. No dance experience is necessary. Music used is popular songs from The Jonas Brothers, Justin Bieber, Selena Gomez, Miley Cyrus, Line Dancing and more. Attire is t-shirts, shorts and athletic shoes. Water bottles are also suggested. Parents must be able to pick up their children at the designated time. *Fee: \$25*

Code	Date	Day	Time	Location
440181-A	7/8-7/29	Tue	5:30-6:30pm	Hollywood Rec.
440181-B	8/5-8/26	Tue	5:30-6:30pm	Hollywood Rec.
440181-C	7/9-7/30	Wed	5:30-6:30pm	Carver Rec.
440181-D	8/6-8/27	Wed	5:30-6:30pm	Carver Rec.

### Jumpbunch & Jumpbunch Tots

Location: Leonard Hall Recreation Center.

Please direct questions regarding program to 301-737-4700 or email [southernmd@jumpbunch.com](mailto:southernmd@jumpbunch.com)

Instructor: Regina McKenna, AFPA Certified Children's

Fitness Specialist and/or JumpBunch staff coaches.



### Jumpbunch Tots

(Ages 16m- 2 yrs) Age appropriate activities that help motor skills, balance, coordination, muscles and working together. Most of all, we have lots of fun!

Code	Date	Day	Time	Fee
440185-A	6/26-8/14	Thu	9:30-10:00am	\$56

### Jumpbunch

(Ages 2-8) Teaching will consist of constant praise and encouragement enabling the children to build self-confidence and develop healthy habits as well as a positive attitude. The students are guided through all phases of preschool physical development: eye/hand coordination, fine and gross motor skills and balance. There will be a different activity each week covering sports, sports readiness skills, fitness activities and working together. *\*No class 7/4*

#### Ages 2-5

Code	Date	Day	Time	Fee
440186-A	6/25-8/13	Wed	5:30-6:15pm	\$56
440186-B	6/26-8/14	Thu	10:15-11am	\$56
440186-C	6/27-8/22	Fri*	10:45-11:30am	\$56

#### Ages 6-8 NEW

Code	Date	Day	Time	Fee
440187-A	6/27-8/22	Fri*	9:45-10:30am	\$56

### Pre Teen Yoga

(Ages 9-13) Pre Teen Yoga creates a nurturing compliment to a preteen's busy life style providing relaxation and conditioning in a non-competitive environment. Flexibility, confidence, creative expression and self-awareness are fostered when pre-teens practice yoga. Class size limited to allow for individual attention.

Location: Evolve Yoga, Evolve Yoga

Code	Date	Day	Time	Fee
440182-A	7/5-9/6	Sat	1:30-2:30pm	\$95



Online Users:  
No Receipt = No Registration

### Kids Yoga with Crafts

(Ages 4-9) The first part of the class will incorporate yoga poses, games, stories, breathing exercises and self calming techniques in a supportive and non competitive atmosphere. After practice, your child will turn to imaginative thinking, tapping into their creative side to make an arts and crafts project. No prior yoga experience is necessary. Bring your yoga mat. One can be provided if you do not have one. Instructor: Kathy Therrien. *Location: Evolve Yoga.*

Code	Date	Day	Time	Fee
440184-A	7/11-9/12	Fri	5:00-6:00pm	\$95

## ADULT FITNESS

### Barre Body NEW

(Ages 16 & Up) Barre Body® is a workout created by dancers for everyone! In a ballet-inspired class set to a mix of upbeat music, students use a variety of props such as light weights, training balls to promote the development of long, lean muscles like those associated with a dancer's body – giving them that "barre body" look.

Location: Main Room, Hollywood Rec Center.

Code	Date	Day	Time	Fee
440276-A	6/26-7/31	Thu	6:00-7:00pm	\$40

### Circuit/Interval Training

(Ages 12 & Up) This program is a high-intensity, aerobic body-conditioning class. It targets strength building as well as muscular endurance. Time between exercises is short with rapid movements to the next exercise. The class is modified for everyone's fitness level. Comfortable clothes and gym shoes are required. Bring a small towel and a water bottle. For more information contact Keri at: 301-866-5444 *Location: Medically Oriented Gym, California.*

Code	Date	Day	Time	Fee
440278-A	6/30-9/1	Mon	9:30-10:30am	\$45
440278-B	7/3-9/4	Thu	5:30-6:30pm	\$45

### Family Fitness

(Ages 18 & Up) Parents and children (ages 2-5) will enjoy this fun upbeat program as you and your child enjoy a "workout" that will keep you moving. Music ranging from Kids Bop to Just Dance will keep you and your child becoming healthy together.

Location: Leonardtown Nutrition. *\*No class 8/11*

Code	Date	Day	Time	Fee
440277-A	7/7-8/18	Mon*	9:30-10:15am	\$45

### Absolute Abs

(Ages 18 & Up) This ab program is perfect for beginners and workout gurus who are looking to improve their core. This 45 minute workout is all low impact training that will get your body ready for summer fun at the beach. Good for all ages and genders.

Location: Leonardtown Nutrition. *\*No class 8/11*

Code	Date	Day	Time	Fee
440280-A	7/7-8/18	Mon*	10:30-11:15am	\$45

### 24 Fit Challenge

(Ages 14 & Up) FREE Fitness coaching and nutrition information for all levels!! The first week includes a mandatory orientation and pre challenge fitness evaluation. The following 12 classes will consist of interval training exercise programs, meal planning and nutrition guidance. Wear comfortable clothing, bring a mat or towel and be prepared to have fun!

For more information call Johnny at 240-577-8633

Location: Loffler Room, Chancellors Run.

Code	Date	Day	Time	Fee
440279-A	7/7-8/20	Mon,Wed	6:00-8:00pm	No cost

**Tai Chi**

(Age 16 & Up) Based on simplified Yang style, one of the main families of modern Tai Chi, this class will introduce you to Tai Chi as a health and wellness regimen. You will learn to join body, breath, and spirit together in harmonious flow. This class may be most beneficial for those who find conventional workouts overly taxing, although anyone can benefit from learning to relax and flow. Instructor: Russell Therrien. *Location: Evolve Yoga.*

Code	Date	Day	Time	Fee
440281-A	7/3-9/4	Thu	7:30-9:00pm	\$95

**Yoga Flow Basics**

(Ages 16 & Up) Learn the fundamentals of movement and breath together to produce a “flow” of postures that lead naturally from one to the next, creating a deep soothing yoga practice. Appropriate for those new to yoga or looking to transition from Basics to Vinyasa classes. *Location: Evolve Yoga.*

Code	Date	Day	Time	Fee
440283-A	7/3-9/4	Thu	5:45-7:15pm	\$120
440283-B	7/11-9/12	Fri	10:00-11:15am	\$120

**Yoga Basics**

(Ages 16 & Up) Class focuses on gentle stretches, breathing, as well as simple range of motion of the major joints. Attention to technique for efficient alignment in basic postures will be addressed. Use of props is encouraged to find optimal alignment in a gentle way. All classes will include relaxation. *Location: Evolve Yoga.*



Code	Date	Day	Time	Fee
440284-A	6/30-9/1	Mon	6:00-7:30pm	\$120
440284-B	7/5-9/6	Sat	10:30am-12:00pm	\$120

**Mixed Level Pilates**

(Ages 16 & Up) Pilates is a method of strengthening the “powerhouse”, or core muscles, and gaining flexibility through the use of continuous motions with breath that promote the principles of control, fluid movement, concentration, stability and postural alignment. All levels of fitness and drop-in’s are welcome to attend this class with a concentration on Levels 1 and 2, and variations offered for Level 3. This class is not recommended for those with serious back or shoulder injuries or those who are pregnant. Instructor: Ricki Gimmel. *Location: Evolve Yoga.*

Code	Date	Day	Time	Fee
440285-A	6/30-9/1	Mon	4:45-5:45pm	\$95
440285-B	7/2-9/3	Wed	4:45-5:45pm	\$95



**PARALYMPICS**

**Shooting - Rimfire Steel & Skeet**

Eye and Ear Protection REQUIRED on all ranges. Please note this program is designed for individuals with disabilities; HOWEVER IS OPEN TO ALL qualified participants with a disability may bring one guest without a disability with them to the shoot. For more information contact Christina Bishop at 301-475-4200 ext. 1802. *Location: Sanner Lake Sportsmans Club.*

**Shooting-Skeet**

(Ages 12 & Up) Skeet shooting is done with shotguns firing at flying clay targets. If you are a shotgun shooter and would like to try your hand at this activity come join us for a day of relaxation and fun. Shotgun shells are available at the range - 12, 20, 28 gauges.

Code	Date	Day	Time	Fee
420504-A	7/20	Sun	10:00am-1:00pm	\$10
420504-B	8/17	Sun	10:00am-1:00pm	\$10
420504-C	9/21	Sun	10:00am-1:00pm	\$10

**Shooting-22 Rimfire Steel Match**

(Ages 6 & Up) Rimfire Shooting Competitions are designed to be fun and safe shooting matches for the entire family. Incorporating both .22 LR pistols and rifles, courses of fire are created with safety as the top priority, but feature fun scenarios that meet any shooter’s skill level.

Code	Date	Day	Time	Fee
420503-A	7/20	Sun	9:00am-2:00pm	\$10
420503-B	8/17	Sun	9:00am-2:00pm	\$10

**Bocce**

(Ages 5 & Up) Bocce is a fast growing Italian sport with features similar to bowling and shuffleboard. It can be played in almost any setting, by people of all ages and all abilities. Bocce is a competitive game of skill. The basic principle of the sport is to roll a bocce ball down a long, narrow playing court, aiming to end up closest to the target ball. In addition to being fun to play, it can sharpen the reflexes and enhance judgement. Other benefits of bocce ball include healthy social interaction, light physical activity, strategic planning, and friendly competition. *Location: Bocci Court, Chancellors Run.*

Code	Date	Day	Time	Fee
420506-A	7/8-8/12	Tue	5:30-7:30pm	\$30

*“I would just like to add that I believe Parks & Recreation is a great addition to the County which has allowed families and their kids to come together in a social environment and the activities are always varied, so there's something new or different everytime. And the promoting of good sportsmanship is always a good thing!”*

# AMUSEMENT PARK TICKETS

SMC Recreation & Parks  
Patuxent Building  
23150 Leonard Hall Drive, Leonardtown, MD  
Office Hours: Monday – Friday, 8:00 A.M. – 5:00 P.M.

## Busch Gardens, VA\*

	Price
Adult (10 yrs & up)	\$55
Child (3-9 yrs)	\$45
Fun Card (all ages)	\$70
<i>Parking \$15</i>	

## Water Country, VA\*

Adult (10 yrs & up)	\$39
Child (3-9 yrs)	\$32
Fun Card (all ages)	\$49
<i>Parking \$15</i>	

## Dorney Park, PA\*

Adult	\$41
Jr/Sr (3-61, under 48"/62+)	\$32
<i>Parking \$15</i>	

## Six Flags Great Adventure, NJ\*

Theme/Safari Combo (all ages)	\$38
<i>Parking \$25</i>	
Hurricane Harbor (all ages)	\$29

## Six Flags America, MD\*

Good Any Day (all ages)	\$39
Special Days (6/16-8/24)	\$32
Season Pass	\$68
<i>Parking \$20</i>	

## Sesame Place, PA

All Ages	\$54
<i>Parking \$17</i>	
<i>2nd day update available at park at guest relations</i>	

## Hershey Park, PA\*

	Price
Adult (9–54 yrs)	\$50
Jr/Sr (3-8 yrs) & (55-69 yrs)	\$38
Special Days (5/9-6/29; Sun-Fri Only)	\$39
Camp Only Adults (6/30-8/15)	\$37
<i>Parking \$12</i>	

## Dutch Wonderland, PA\*

All Ages	\$35
<i>Free Parking</i>	

## Paramount's Kings Dominion, VA\*

Adult (good through Labor Day)	\$44
Spring Days May operating days)	\$37
Summer Fun Days (6/28-8/3)	\$37
Fall Fun days (Sept/Oct operating days)	\$37

**For more information call:  
301-475-4200 x 1842**

**ALL SALES ARE FINAL  
Returns or exchanges are not accepted.  
Prices are subject to change without notice.  
The sale of tickets is open to all.**

\*Children 2 & under are free

**Tickets are only sold in the R&P Main Office  
Ticket Sales end on October 25, 2014  
Cash/Visa/MasterCard (with picture ID) accepted; No Personal Checks  
All tickets are listed as Good Any One Day this season, unless otherwise noted**



## SELF DEFENSE

### Beginners Tae Kwon Do

(Ages 4 & Up) Tae Kwon Do is a form of oriental martial arts composed of diverse offensive and defensive movements. It includes physical techniques and mental discipline. In the course of Tae Kwon Do Practice, children are sure to find themselves more self-confident, armed with strengthened will power and free of petty envy or cowardice. The spirit of Tae Kwon Do is a philosophical guide toward a happy and healthy life, both physically and mentally.

Programs are offered at three different locations: California, Lexington Park & Leonardtown. Simply refer to the chart and choose your preferred day of the week, class time and location.

Students may sign up for only ONE

10-week session per season. Fee: \$60

Days Time	Mon 6/30-9/1	Tue 7/1-9/2	Wed 7/2-9/3	Thu 7/3-9/4	Fri 7/11-9/12	Sat 7/5-9/6
10:00am	California	California	California	California	California	9:30am California Leonardtown Lex. Park
3:30pm	California, Leonardtown, Lexington Park					10:20am California
4:20pm	California, Leonardtown, Lexington Park					
5:10pm	California, Leonardtown, Lexington Park					
6:00pm	California, Leonardtown, Lexington Park					
6:50pm	California, Leonardtown, Lexington Park					
7:40pm	California		California			

### Shotokan Karate

(Ages 7 & Up) Shotokan Karate is a traditional Japanese martial art. All students will be trained in the fundamentals of Shotokan Karate including stances, body movement, blocking, punching, kicking and striking. Classes will be conducted using Japanese terminology. Ranking examinations, training camps, and tournaments will be available through the International Shotokan Karate Federation (ISKF) for additional fees for those students interested. Uniforms will also be available for purchase. Instructor: Paul Willoughby.  
Location: Carver Recreation Center. Fee: \$60

#### Shotokan Karate - Beginners

Code	Date	Day	Time	Ages
440402-A	7/1-9/4	Tu,Th	6:00-7:00pm	7 & Up

#### Shotokan Karate - Advanced

Code	Date	Day	Time	Ages
440403-A	7/1-9/4	Tu,Th	7:00-8:00pm	13 & Up

### Shorin RYU

(Ages 8 & Up) Program offers a challenging learning experience developing physical skills, fitness, as well as developing self-discipline, self-confidence, mental focus, concentration, character, and a positive attitude. Program takes students from beginning to advanced levels, helping students develop effective self-defense skills as well as self-expression through kata training. Students learn basic stances, blocking, punching, kicking, and more advanced techniques as they progress. Instructor: Duke Vo.  
Location: LMS Annex. \* No class 4/15 & 4/17

#### Shorin Ryu-Beginners

Code	Ages	Date	Day	Time	Fee
440404-A	8-12	7/1-9/2	Tue	6:00-7:00pm	\$45
440404-B	13 & Up	7/3-9/4	Thu	6:00-7:00pm	\$45

#### Shorin Ryu Advanced

Code	Ages	Date	Day	Time	Fee
440405-A	12 & Up	7/1-9/4	Tu,Th	7:15-8:15pm	\$60

## THERAPEUTIC

### Mindful Motions

(Ages 17 & Up) This gentle physical movement program is designed for all ability levels, to improve brain functions like mental alertness, memory, and visual tracking through the use of specifically tailored movements, which have the added perk of increasing feelings of energy, wellness, and relaxation. Learn how and why these movements are beneficial, and receive helpful web links and home activity suggestions to accelerate progress between classes, if desired. Equipment needed: yoga/pilates exercise mat, used tennis ball (firm, not hard), water.  
Location: Margaret Brent Recreation Center.



Location: Margaret Brent Recreation Center.

Code	Date	Day	Time	Fee
420214-A	7/9-8/13	Wed	11:15am-12:15pm	\$66



See website for more class details...

# THERAPEUTIC

## MEDICALLY ORIENTED GYM PROGRAMS

For more information on the programs listed below, please call 301-866-5444. Location: Medically Oriented Gym, California, MD.

### Cancer and Chronic Illness

(Ages 18 & Up) The certified instructor will introduce mindfulness skills, provide guidance for relaxation techniques, and introduce gentle yoga practices unlike any other yoga class, along with handouts to allow daily practice at home. Anyone dealing with a cancer diagnosis, cancer treatment, or a chronic illness such as hypertension/heart disease, Parkinson's, COPD, Diabetes, fibromyalgia, etc., is encouraged to take this program. Wear comfortable clothes and bring a water bottle. The course is taught by Certified Yoga Cancer Therapist, Gail Wathen, who is also a Registered Yoga Teacher (RYT).

Code	Date	Day	Time	Fee
400012-A	7/1-9/2	Tue	10:00-11:15am	\$120
400012-B	7/1-9/2	Tue	1:00-2:15pm	\$120

### Parkinson's Exercise Classes

(Ages 12 & Up) Parkinson's group exercise classes focus on balance, flexibility, muscle strength and endurance to help you maintain your independence and be confident in your daily activities.

Code	Date	Day	Time	Fee
420212-A	7/7-9/8	Mon	11:00am-12:00pm	\$75



## Therapeutic Yoga Class

Instructor: Lauri Bruce, RYT-500  
Location: Evolve Yoga, Wildewood Shopping Center

### Back Care Yoga

(Ages 18 & Up) This program is designed to help the student work with basic back care issues through the use of traditional and therapeutic yoga postures. We will address breath, relaxation, strength and flexibility in every class. We will use the yoga wall in this class to explore movement and assist in deepening your yoga practice in a safe and caring manner. Permission from your doctor is suggested if you are being treated for a serious condition. Please notify the instructor of your condition's.



Code	Date	Day	Time	Fee
420216-A	7/2-9/3	Wed	9:00-10:00am	\$95

### Chair Yoga

(Ages 18 & Up) Everything in yoga can be done in a chair! If you are unable to be on the ground, suffer from illness, injury, are recovering from surgery or have anything that prevents you from taking a traditional class, join us for this innovative and adaptive practice. This 1- Hour class guides you through breath-work, meditation and adapted versions of traditional asana.

Code	Date	Day	Time	Fee
420217-A	7/2-9/3	Wed	10:15-11:15am	\$95

### Yoga for Scoliosis

(Ages 18 & Up) The therapeutic approach to yoga allows us to adapt traditional poses to deal with the structural challenges of scoliosis. In this class you will work on postures to lengthen, strengthen and de-rotate the muscles of the spine. This allows for ease of movement and the ability to reduce the difficulties caused by a curved spine.

Code	Date	Day	Time	Fee
420218-A	7/2-9/3	Wed	5:45-7:15pm	\$120

### Yoga for Alignment and Therapeutic

(Ages 18 & Up) This is a slower paced class focusing on yoga postures that help heal the body and gives you back your mobility. It is designed to bring us a greater understanding of body alignment and how that works to alleviate pain and discomfort. Appropriate for students with back issues, arthritis, joint problems, fibromyalgia and muscular/skeletal issues. There will be floor work involved.

Code	Date	Day	Time	Fee
420219-A	7/3-9/4	Thu	6:00-7:30pm	\$120



**See website for more class details...**



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- Ask us about our current equipment specials and offers.



# PARKS LOCATOR

## Parks



	Ball Diamond 60'	Ball Diamond 90'	Basketball Court	Beach-No Lifeguard	Bocce	Disc Golf	Dog Park	Fishing/Crabbing	Football Field	Geocaching	Hiking Trails	Horseshoe Pit	Museums	Picnic Pavilion	Picnic Tables	Playground	Port-A-John seasonal	Restrooms seasonal	Soccer Fields	Tennis Courts	Tennis Courts lighted	Skate Park	Sprayground	Multi-Purpose Field
<b>Cardinal Gibbons Park</b> 16924 St. Peter Claver Rd, St. Inigoes, MD 20684	◆		◆							◆					◆	◆		◆		◆				
<b>Carver Heights Community Park</b> 47382 Lincoln Aven, Lexington Park, MD 20653	◆	◆														◆	◆							
<b>Cecil Park</b> 19241 St. Georges Ch. Rd, Valley Lee, MD 20692	◆	◆								◆		◆		◆	◆	◆		◆		◆				◆
<b>Chancellor's Run Regional Park</b> 21905 Chancellor's Run Rd, Great Mills, MD 20634	◆	◆	◆		◆					◆	◆			◆	◆	◆		◆	◆	◆				
<b>Chaptico Park</b> 26600 Budd's Creek Rd, Mech, MD 20659										◆					◆	◆		◆	◆					◆
<b>Dorsey Park</b> 24275 Hollywood Rd, Leonardtown, MD 20650	◆	◆	◆						◆	◆	◆	◆		◆	◆	◆		◆	◆	◆	◆			◆
<b>Elm's Beach Park</b> 19350 Back Door Rd, Lexington Park, MD 20653				◆				◆		◆		◆		◆	◆	◆	◆							
<b>Fifth District Park</b> 37880 New Market Turner Rd, Mech. MD 20659	◆	◆	◆						◆	◆	◆	◆		◆	◆	◆		◆	◆	◆				
<b>Hollywood Soccer Complex</b> 44345 Joy Chapel Rd, Hollywood, MD 20636																	◆		◆					
<b>Jarboesville Park</b> 46760 Thomas Dr, Lexington Park, MD 20653		◆	◆														◆			◆				
<b>John G. Lancaster Park</b> 21550 Willows Rd, Lexington Park, MD 20653	◆		◆			◆	◆	◆	◆	◆	◆			◆	◆	◆		◆	◆					◆
<b>John Baggett Park</b> 26929 Three Notch Rd, Mechanicsville, MD 20659	◆	◆	◆							◆	◆	◆		◆	◆	◆		◆		◆				◆
<b>Laurel Ridge Park</b> 38425 Golden Beach Rd, Mech, MD 20659	◆																◆							
<b>Miedzinski Park</b> 23145 Leonard Hall Dr, Leonardtown, MD 20650	◆														◆	◆		◆	◆					◆
<b>Myrtle Point Park</b> 24050 Patuxent Blvd, California, MD 20619											◆						◆							
<b>Nicolet Park</b> 21777 Bunker Hill Dr, Lexington Park, MD 20653	◆		◆							◆				◆	◆	◆		◆				◆	◆	◆
<b>Seventh District Park</b> 23035 Colton Point Rd, Bushwood, MD 20618	◆	◆	◆							◆					◆	◆		◆		◆				
<b>St. Andrews Estates Park</b> 44110 St. Andrew's La, California, MD 20619	◆		◆												◆	◆	◆							
<b>St. Clements Shores Park</b> 22300 Meadow La, Leonardtown, MD 20650	◆	◆												◆	◆	◆	◆							
<b>Three Notch Trail</b>											◆													
<b>Town Creek Park</b> 5750 King Dr, Lexington Park, MD 20653															◆	◆					◆			



Landing Location	Landings with Piers	Landings w/boat ramps	Additional Comments
<b>Abell's Wharf</b> - 21620 Abell's Wharf Road, Leonardtown Rt. 5 to Rt. 244 to Abell's Wharf Road, Leonardtown		◆	Portable toilets available - seasonally
<b>Bushwood Wharf</b> - 36803 Bushwood Wharf Road, Bushwood Rt. 242 to end of of Rt. 239, Bushwood	◆	◆	Portable toilets available - year round
<b>Camp Calvert Landing</b> - 22530 Camp Calvert Road, Leonardtown Rt. 5, end of Camp Calvert Road, Leonardtown			Canoe/kayak launching only
<b>Chaptico Wharf</b> - 23975 Old Chaptico Wharf Road, Chaptico Rt. 234 to Rt. 238 to end of Chaptico Wharf Road, Maddox	◆	◆	Portable toilets available seasonally
<b>Clarke's Landing</b> - 45417 Clarke's Landing Road, Hollywood Rt. 235 to end of Clark's Landing Road, Hollywood		◆	Minimal parking
<b>Forest Landing</b> - 44600 Forest Landing Road, Hollywood Rt. 235 to Sotterley Rd. to Forest Landing Road, Hollywood		◆	Portable toilets available - year round
<b>Fox Harbor Landing</b> - 16490 Dunbar Lane, Ridge Rt. 5 to Rt. 235, to Fox Harbor Rd to end of Dunbar Lane, Wynne	◆		No fishing or crabbing
<b>Great Mills Canoe/Kayak Launch</b> - 20228 Point Lookout Road, Great Mills Rt. 5 in Great Mills (near Post Office)			Canoe/kayak launching only
<b>Paul Ellis Landing</b> - 37385 Paul Ellis Road, Avenue Rt. 242, end of Paul Ellis Road, Avenue	◆		Minimal parking
<b>Piney Point Landing</b> - 17139 Piney Point Road, Piney Point Rt. 5 to Rt. 249, before the St. George's Island Bridge, Piney Point	◆	◆	Portable toilets available - year round
<b>River Springs Landing</b> - 37250 River Springs Road, Avenue Rt. 242, end of River Springs Road, Avenue	◆		Minimal parking
<b>St. George's Island Landing</b> - 16036 Thomas Road, St. George's Island Rt. 5, Thomas Road, St. George's Island	◆		Canoe/kayak launching only
<b>St. Inigoes Landing</b> - 46621 Beachville Road, St. Inigoes Rt. 5 to end of Beachville Road, South of St. Inigoes		◆	A charcoal grill is provided; patrons may not bring their own charcoal grills to the public landings, but may bring a small gas grill. Portable toilets available - seasonally.
<b>Tall Timbers Landing</b> - 18521 Herring Creek Road, Tall Timbers Rt. 5 to Rt. 249, end of Tall Timbers Road, Tall Timbers	◆		Paddling information
<b>Wicomico Shores Landing</b> - 35222 Army-Navy Drive, Mechanicsville Rt. 234 to Aviation Yacht Club Road, turn right on Army Navy Drive and continue to the end, Chaptico	◆	◆	A charcoal grill is provided; patrons may not bring their own charcoal grills to the public landings, but may bring a small gas grill. Restroom facility available - seasonally.



# Bringing Recognition to St. Mary's County!



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